

Permanents of less than 200km are on Page 2

Permanents from 200km to 299km are on page 3

Permanents of 300kms or greater are on page 4

Ride Name	Dist	Description	Map	Contact
Outer Harbor Greenway	50km	bikeway from North Adelaide to Outer Harbor and back via Pt Adelaide	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Marino Bay / Sea to Vines Greenways	50km	Mostly bikeways from North Adelaide to Hallett Cove and back via Brighton	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Beachy Volo	100km	Glenelg, along Beach, through Hallett Cove then Southern Beaches, back via Willunga bike track. Ideal breaks at Star of Greece and Oxenberry farm.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Corked Ridge	100km	Glenelg, Old Freeway to Mt Lofty then via Hills to Athlestone, loop up Corkscrew, Nth Adelaide then Torrens bike track back to Glenelg.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Glen Lobethal	100km	Glenelg, Mount Lofty, Lobethal, Deviation Road, Glenelg	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Glen Lofty Harbour	100km	Glenelg, Old Freeway to Mt Lofty summit then back to Glenelg and cruise to Outer Harbour. Shows a popular Adelaide bike path, great views and beach ride.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Gorgeous Fox	100km	Glenelg, Gorge Rd to Cudlee Creek, Fox Creek KOM, Stirling, Old Freeway	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Hawker Hawkeye	150km	157 km linking Hawker and Wirrabara	Map	Chris Rogers ritchierogers@bigpond.com 03 5726 9412
Nouveau Gawler 50	50km	Elizabeth - One Tree Hill - Kersbrook - Chain of Ponds - Houghton - return	Map	Mat Murray midgespet@hotmail.com 0434 839 196
Nouveau Gawler 100	100km	Gawler - Tanunda - Menglers - Springton - Williamstown - return	Map	Mat Murray midgespet@hotmail.com 0434 839 196
Nouveau Gawler 150	150km	Gawler - Kersbrook - Lenswood - Mt Lofty - Blackwood - Brighton - Semaphore - return	Map	Mat Murray midgespet@hotmail.com 0434 839 196
Parachilna Paradiso	100km	122 km linking Blinman at the end of the Mawson Trail to Hawker. 38 km of gravel.	Map	Chris Rogers ritchierogers@bigpond.com 03 5726 9412
SE123-100	100km	Glenelg, Belair, Clarendon, Meadows, Stirling, Glenelg	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
SE123-150	150km	Glenelg, Belair, Clarendon, Meadows, Ashbourne, FinnisRiver, Strathalbyn, Stirling, Glenelg	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Southern123 -100	100km	Glenelg, Southern Veloway to Willunga then back via Belair and Stepney	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Southern123 -150	150km	As for the S123-100 with an extra loop to Myponga.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Templers Delight	50km	Willaston to Freeling, Templers, Wasleys and return.	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Velo Happy	100km	Glenelg, Southern Veloway to Willunga hill, Range rd, Clarendon, Happy Valley reservoir and back to Glenelg.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Willunga Velo	100km	Glenelg, Veloway to Willunga and up Willunga Hill. Return by same route.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640

Ride Name	Dist	Description	Map	Contact
Barossa and Back	200km	Gawler-Kapunda-Angaston-Gorge	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Gawler Loops 200	200km	Gawler-MurrayBridge-Mannum-Gawler	Map	Mat Murray midgespet@gmail.com 0434 839 196
The Ferry	200km	Meadows-Wellington-Stirling		Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
The Flat One	200km	Port Wakefield return. Out via Mallala		Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Day Trip to Victor	201km	Victor Harbor via coast, return via the hills	Map	Richard Scheer r.scheer@fugro.com 0423 195 966
Hilly Hills 200	200km	Adelaide, MtBarker, Macclesfield, Meadows, Strathalbyn, Goolwa, Mt Compass, Willunga then bike track to Adelaide.	Map	Glen Thompson ghomps5@adam.com.au
Reservoir Run	200km	Unley to Normanville via Willunga Hill and Myponga Reservoir. Return via reservoir, Macclesfield, Crafers bike track.	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Southern123-200	200km	Glenelg, Southern Veloway, Willunga, Normanville, back via Carrickalinga hill, Reservoir, Meadows, Blackwood, Stepney, Glenelg	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
SE123-200	200km	Glenelg Belair Clarendon Meadows Pt Elliot Goolwa Strathalbyn Stirling Glenelg	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
To the Bridge	207km	Murray Bridge & return	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Scenic View	213km	Blackwood, Kirby Hill (Port Elliott), Myponga, Kangarilla.	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Mid North	217km	Scenic route through SA mid north	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Round The Mounts	262km	Ride all the "Mounts" within cooee of Adelaide. Start Arbury Park, Mount George.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Northern Run	200km	Gawler, Mallala, Balaklava, Auburn, Eudunda and return via Kapunda	Map	Ben Del Fabbro bendelfab@gmail.com 0414 835 668
To The North	200km	Gawler, Mallala, Balaklava, Pt Wakefield, Balaklava, Saddleworth, Gawler	Map	Ben Del Fabbro bendelfab@gmail.com 0414 835 668
Superdirtonneur	200km	Offroad Kidman Trail: Echunga-Nairne-Echunga-Willunga-Echunga	Map	David Clark dbclark@fastmail.com.au 0400 844 856

Ride Name	Dist	Description	Map	Contact
Longer Northern Run	300km	Gawler, Mallala, Balaklava, Auburn, Clare, Burra, Truro and return via Barossa Valley	Map	Ben Del Fabbro bendelfab@gmail.com 0414 835 668
ABC 300	300km	Figure 8 Adelaide-Balaklava-Clare	Map	Richard Scheer r.scheer@fugro.com 0423 195 966
Hilly Hills 300	300km	Adelaide, Callington, Goolwa, Delamere, Carrickalinga Hill, Willunga, McLaren Vale then bike track back to Adelaide.	Map	Glen Thompson gthomps5@adam.com.au 0429 168 232
Southern123-300	300km	similar to Southern123-200 but with extra loop to Delamere and Victor Harbor	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
SE123-300	300km	as for SE123-200 but with extension to Victor Harbor and extra loop to Wellington.	Map	Graham Stucley gstucley@gmail.com 08 8295 2640
Sea to Pines	306km	Windy Point - Veloway - Yankalilla - Goolwa	Map	Richard Scheer r.scheer@fugro.com 0423 195 966
Worlds End 300	308km	Burra and return via Worlds End Highway	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Kangaroo Island	316km	Discover Kangaroo Island in a day		Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Classic 400	410km	Fleurieu Peninsula to the Murray	Map	Matt Rawnsley longdistance1200@hotmail.com 0427 379 640
Gawler Loops 400	400km	Gawler-Murray Bridge-Mannum-Pt Wakefield-Gawler	Map	Mat Murray midgespet@gmail.com 0434 839 196
Paddle Steamer	400km	Stepney - Gawler - Kapunda - Eudunda - Morgan - Blanchtown - Walkers Flat - Mannum - Murray Bridge - Stepney	Map	Richard Scheer r.scheer@fugro.com 0423 195 966
Heel n Toe	430km	Circumnavigation of southern Yorke Peninsula starting and ending in Pt Wakefield. Flat course with views of Gulf of St Vincent and Spencer Gulf. Passes through Edithburgh, Marion Bay and Corny Point.	Map	Richard Scheer r.scheer@fugro.com 0423 195 966
Gawler Loops 600	600km	Gawler-Murray Bridge-Mannum-Pt Wakefield-Gawler-SevenHill-Tanunda-Gawler	Map	Mat Murray midgespet@gmail.com 0434 839 196
Goyder	600km	Adelaide-Burra-Port Pirie and return (either direction available). Highlights Wilkins Highway, Mount Remarkable views & Germein Gorge	Map	Richard Scheer r.scheer@fugro.com 0423 195 966
Water & Copper	639km	Mid north to the Riverland and return		Matt Rawnsley longdistance1200@hotmail.com 0427 379 640