

Audax Australia Brevet UAF

Ride Organiser and Rider Guidelines

What is Brevet UAF (BUAF) (Euraudax)?

UAF Audax brevets are group rides and are known in Europe as Euraudax, or in Australia as Brevet UAF (BUAF). BUAF brevets are generally 100km, 200km, 300km, 400km, 600km and 1,000 km long and are tests of consistency and endurance ridden as a group, normally at a 22.5kph riding average. Brevets greater than 300km have longer scheduled stops at night. The longest regularly held Euraudax brevet is the Paris-Brest-Paris Audax, run every five years by the UAF (Union des Audax Français).

Aims

The main aim of a BUAF brevet is to have an even-paced group ride maintaining a published schedule - 'start together, ride together, finish together'. Groups of riders follow nominated Peloton Leaders, who maintain an appropriate pace to achieve the ride schedule and make all decisions regarding ride conduct and safety. Night riding should be minimised, and riders should only cycle alone from causes beyond their control (mechanical or physical difficulty).

Where Audax Australia's ride rules do not pertain, UAF principles will be applied, as laid out in <http://pagesperso-orange.fr/audax/cyclo/pages/reglement.htm>.

Eligibility to Hold Rides

Audax Australia can authorise BUAF brevets with individual riders eligible for various UAF awards. Any region may run 100km, 200km or 300km brevets. 400km and 600km brevets may only be organised by regions that have already run 200km and 300km brevets, and additionally 1,000km brevets may only be organised by regions that have already run 400km and 600km brevets. Peloton leaders for rides longer than 300km must have been peloton leaders for at least two 200(+)km brevets. For brevets to be homologated, at least four riders must start the ride and at least three riders must finish the ride.

Organising the Event

Regions wishing to organise BUAF brevets should send event details to the Audax Australia National Calendar Co-ordinator by the dates stipulated by Audax Australia. These details should include the brevet distance, ride organiser and region, contact details, start time, date and place. BUAF routes should ideally be on roads in good condition with little traffic, well signposted and of average hilliness. The route is subject to the regional committee's approval. Only UAF brevet cards shall be used.

The ride schedule should ideally include:

- Any direction changes at junctions, town names, road names/numbers and direction signs - allowing route checking on any recent roadmap and while riding the course
- Intermediate distances between turns and cumulative distances between rest stops and control points
- Scheduled times passing through the points noted above, calculated at 20kph, 22.5kph or 25kph as applicable to a stage, and determined by the ride organiser
- Scheduled arrival and departure times for all stops, noting time stopped
- Control point contact details and additional useful information

Entry Restrictions

The organiser can set a closing date for entries and limit entry numbers, for example, to suit limited sleeping accommodation. If entry is limited, the organiser cannot restrict entries to only Audax Australia club members.

Riding on the Day

Riders receive a detailed route with rest stop and control point details. Peloton leaders follow detailed ride schedules targeting the peloton time. Typically, the peloton leader is not permitted to be overtaken. An individual rider suffering physical or mechanical difficulty may have their brevet homologated if completed within the maximum time.

Peloton leaders may vary the route as agreed with the organiser, for example, to take account of road works. If off-route, peloton leaders shall determine how to return to the route. Riders not following BUAFA principles may not have their brevets homologated, particularly if they voluntarily ride alone.

Rest Stops and Control Points

Rest stops should ideally provide water, food and toilets. Most rest stops are around 15 minutes to 20 minutes long. Ideally, the lunch control point should last 1 hour to 1.5 hours, starting between 11:45 and 14:00, and where practical, lunch should be provided in a sheltered area.

Ideally, distances between control points should be between 45km and 55km, but may be longer depending on geographical constraints.

For ride distances of 400km and 600km, the overnight control point stops should be beyond mid-distance, be 5 hours to 7 hours long and ideally start before midnight. The morning restart should be after 04:00. These provisions allow riders:

- To avoid the most difficult hours for riding (midnight to dawn)
- A satisfactory rest
- Sufficient space and facilities
- To maintain the ride schedule

Regions can organise 1,000km brevets, but only after conducting an homologated 200km to 600km brevet series. The 1,000km is a special brevet on the UAF calendar and the organiser may set a qualifying standard. Ideally, entrants will have recently ridden at least one each of 200km, 300km and 400km BUAFA brevets. The route may be one-way, a loop, out and back, or a series of separate loops.

Recommended schedules are:

- Start 1st day at 09:00 and Finish on 4th day: 12:00 noon, maximum at 13:00
- Start 1st day at 11:00 and Finish on 4th day 14:00, maximum at 15:00
- Start 1st day at 13:00 and Finish on 4th day 16:00, maximum at 17:00

There should ideally be 21 rest stops comprising three overnight control points (average of 7 hrs [6 hrs minimum, 8 hrs maximum]), three lunch control points and 15 rest stops.

Time	Riding	Stopped	Riding Average	Total Average
75:00	44:26	30:34	22.5 kph	13.33 kph
76:00	45:26	30:34	22 kph	13.16 kph

UAF Awards

An individual medal for each distance may be purchased after completing an Audax UAF (BUAF) brevet. Medals cost \$9 (6€) each. Cost of postage is not included in any medal prices listed.

Aigle d'Argent (Silver Eagle)

For completing 200km, 300km, 400km, 600km and 1,000 km BUAF brevets. Longer brevets cannot be substituted for shorter brevets. On providing the relevant brevet cards and photograph, riders receive a free "Aigle d'Argent" certificate, and can purchase an engraved and numbered "Aigle d'Argent" medal for \$38 (28€). There is no time limit for collecting this award.

Aigle d'Or (Gold Eagle)

For completing one each of 200km, 300km, 400km, 600km and two 1,000km BUAF brevets and one Paris-Brest-Paris Audax. Longer brevets cannot be substituted for shorter brevets, with the exception that one of the two 1,000 km brevets can be longer than 1,000 km. On providing the relevant brevet cards and photograph, riders receive a free "Aigle d'Or" certificate, and can purchase an engraved and numbered "Aigle d'Or" medal for \$38 (28€). There is no time limit for collecting this award.

UAF Challenge

Won by the organising club or region with the greatest annual accumulated rider mileage (1 point per kilometer), provided the club or region has organised at least 100km, 200km, 300km and 400km brevets.

Disputes

If normal Audax Australia procedures do not resolve a dispute between organiser and participant, the UAF (6 Avenue, Maurice-Ravel, 75012, Paris, France) shall adjudicate. If the complaint is justified, particularly if it involves not following Brevet UAF rules, the club, region or rider can be warned. If repeated, the UAF may prevent the club or region holding or the rider taking part in BUAF brevets for one or more years.

Euraudax Magazine

Subscribers receive the quarterly Euraudax Review (La Revue des Audax - January, April, July, October), issued five times in PBP years. It includes all five disciplines (cycling, walking, kayaking, swimming and cross-country skiing) with their calendars provided in the January edition magazine. Subscription is suggested for Brevet UAF riders, recommended for special brevet entrants (example PBP Audax) and required for organising clubs.

More details can be found at <http://pagesperso-orange.fr/audax/pages/revue.htm>.

UAF

Individuals may join the UAF, promoting Brevet UAF brevets and respecting their rules. Members may take part in UAF elections and wear the UAF jersey and emblem. More details can be found at <http://www.audax-uaf.com/>.

For rules on conducting these rides refer to Audax Australia Brevet UAF Ride Rules.