

## Super Randonnée

The Super Randonnée is a 600km permanent with over 10,000 metres of climbing. It must be completed within 60 hours.

The SR can also be completed in a Touriste class. The 60 hour time limit is removed, the required progress is an average of 80km per day instead, however SRs completed in this category cannot be used for the Randonneur 10000 award.

As a permanent the SR must be completely self-supported, no trailing car or support vehicle is allowed, however you may get a group to ride together but each rider must meet all the requirements and no support crew is allowed.

Unlike a normal permanent or brevet the time limit is for the whole ride, whilst there are intermediate checkpoints there are no time cutoffs on those checkpoints. Like a normal brevet you will need a stamp or signature in your brevet card at each checkpoint, but as some are on mountain passes (not towns) you may also be required to take a photo of your bike – with the frame card (identifying card you keep on the bike) – in front of a landmark or sign. So a camera (with flash) or smart phone with camera may be needed. The photos will need to be submitted as part of proof of the ride. Your ride organiser should let you know. Generally a signature, stamp or photograph of your bike (with frame card visible) in front of a sign identifying the location is suitable proof of reaching a checkpoint. The date and time of reaching the checkpoint must be written into the brevet card.

### The Rules

You should familiarise yourself with the rules! The rules of the SR are different than any other ride and it's your responsibility as the rider to ensure you comply with the rules.

<http://www.audax-club-parisien.com/EN/index.php?showpage=422>

In addition to the rules laid out in the SR document you must also comply with the Audax Australia ride rules – thus helmet is mandatory, as are dual front and rear lights and a reflective vest.

### Rider Tracking

For safety reasons, it would be best to use a SPOT tracker or some form of online GPS tracker, such as followmee.com. Please provide the tracking details to the rider organiser. If no such tracking is available the rider organiser may require SMS from set locations.

For the SR Snowies, all riders *must* SMS the rider organiser from:

Cooma on departure – start of ride

Corryong on arrival – approximate mid-point of ride

Cooma on arrival – end of ride

If riding without a tracking device, then *additionally* SMS from:

Thredbo on arrival

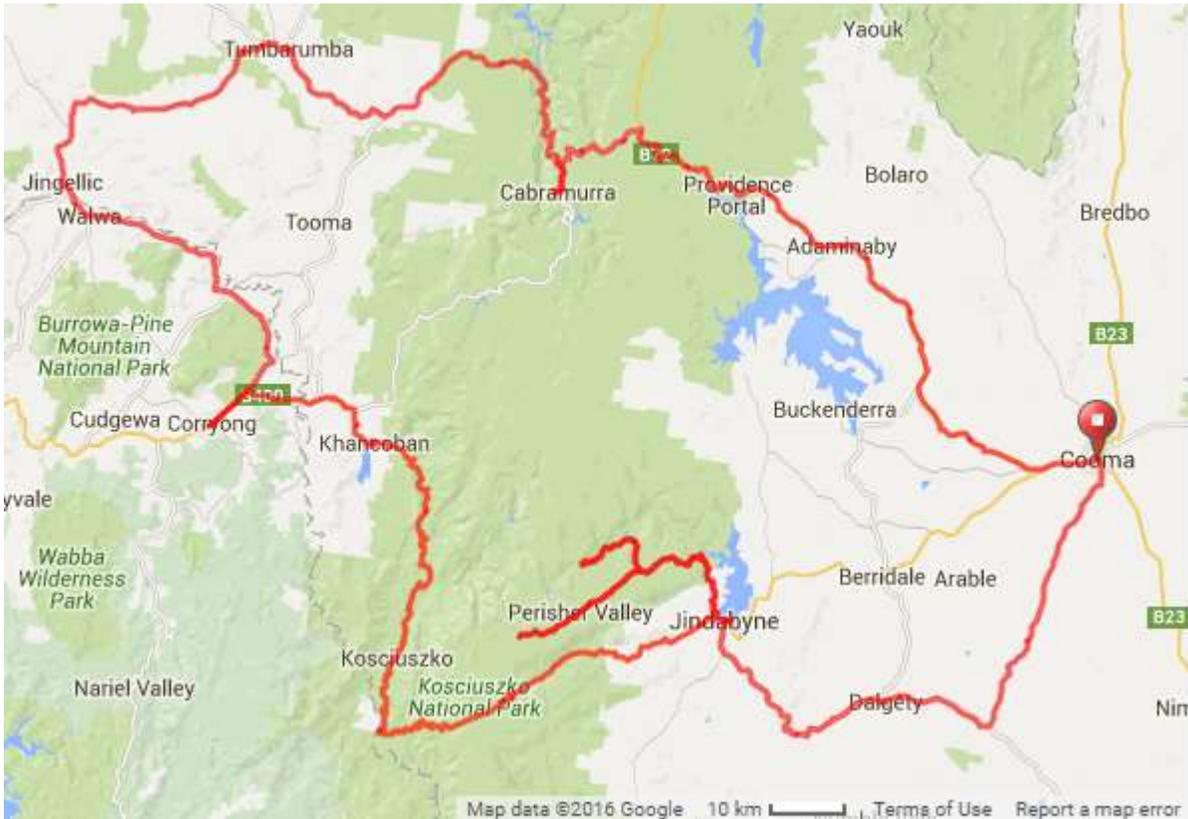
Tumbarumba on arrival

If riding as a group then one SMS will suffice so long as all riders are in attendance. If the group splits then please SMS and identify who is in attendance when the message is sent.

Finally, if you abandon please SMS the ride organiser as soon as possible.

The additional requirement for the SMS is for your own safety.

## Super Randonnée Snowies 600

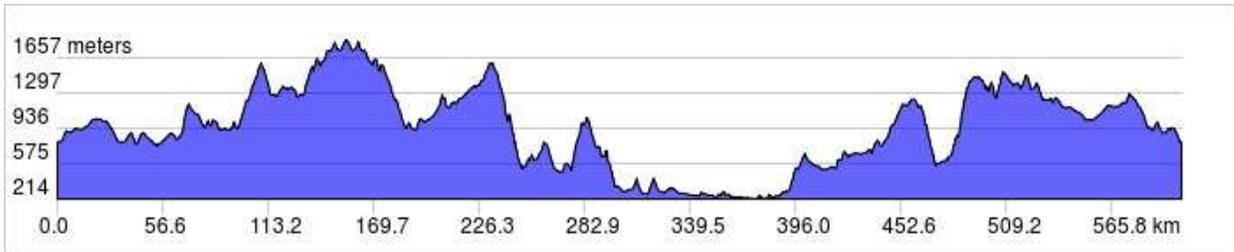


Route: <http://ridewithgps.com/routes/6757790>

**NOTE: This route was changed on 1 Jan 2016 to enter Jindabyne and a new start/finish location in Cooma. Please ensure you have the correct updated route (named SR Snowies 4 in RWGPS).**

The Snowies 600 is actually a 603km loop that starts and ends in Cooma, NSW. The ride crosses the Monaro plains, climbs to Guthega Power Station, Charlotte Pass, Thredbo Alpine Village enters into Victoria and crosses the Murray River back into NSW. The route then climbs up to Tumberumba, and takes the winding mountain road up to Cabramurra, the highest town in Australia. The route back to Cooma is via Adaminaby on the shores of Lake Eucumbene.

The ride is a loop but has two out-and-backs. The first near Jindabyne, and is the climb to Charlotte Pass and back. Normally out-and-backs are discouraged in SRs, but this climb was considered significant and in the spirit of the SR so was included. It takes the cyclist as close as possible to the top of Mount Kosciuszko, the highest mountain in mainland Australia. The second out and back is into Cabramurra. This was allowed for two reasons; visiting the highest town in Australia fits the ethos of the ride and secondly, with towns being quite distant in this area the slight detour is required to ensure food and water can be reached at regular intervals.



Climbing aside, food and water maybe the challenges. Towns are relatively small and after about 8pm it may be difficult to find a store open. Pubs may be the best bet for late food, but most close kitchens so you may only be able to buy junk food if you are late. Accommodation should be booked in advance with arrangements made for a late arrival (if required). Some pubs / motels (such as pub at Walwa) are willing to accept a parcel by mail and put it into your room, so you could mail ahead food/change of clothes etc. It may also be difficult to get an early breakfast, so best to ask if your accommodation can arrange something for you (most pubs seem to have continental breakfast available early) as you may not be able to get food in a town until after 8am. I have listed service stations and supermarkets where possible as these often have longer hours and may help. I would advise ensuring you have enough food for your dinner and breakfast without relying upon stores/cafes unless you have made arrangements with your accommodation. This may mean stopping early, buying the food and carrying it with you for your overnight. Hotel closing hours tend to depend upon the amount of trade, so if it's a quiet Tuesday night the pub may shut early.

Note that there are significant portions of the ride with limited or no mobile phone services. Telstra was found to provide the best overall coverage through the course.

**Listed below are services known on the route.**

#### **Cooma - Start**

Photo: Diorama of the Snowy Mountains, Centennial Park, on Sharp St (near the flags)  
Services listed at the end.



### **Dalgety**

Photo: In front of pub OR at town sign.



Toilets / Water: Park next to bridge opposite pub.

### **Iona Gardens Café & Nursery**

Corner Barnes & Campbell Streets

7days: 9am-ish - 5pm (if not open at 9am will be very soon after)

### **Buckleys Crossing Hotel**

Mon-Tue 3pm – close (can be 9pm, can be as late as 11pm)

Wed-Sun 11am -close (can be 9pm, can be as late as 11pm)

### **Jindabyne**

NOTE: Photo location changed – you now enter Jindabyne.

Photo: Information Centre Sign, in front of cinemas, Nugget's Crossing Shopping Centre



Toilets: In shopping centre, signposted. Further enroute toilets/water at the shell service station near corner of Alpine Way (out of town on route to Charlotte Pass/Thredbo).

Jindabyne is a reasonably large town and the shopping centre has a supermarket, bakery, cafe and pub. Lots of options for food.

There is a Shell Service Station on the course near the corner of Kosciusko Rd and the Alpine Way (the road to Thredbo) that sells basic food and drinks, has toilets and water. You pass this service station once on the way up Charlotte Pass and then on the way back down before you turn onto the Alpine Way to climb to Thredbo. If open, this could provide a good spot to pickup provisions.

Shell Service Station (out of town, Cnr Alpine Way and Kosciusko Rd on the route)

7 days: 7am-7pm

Woolworths Supermarket

Shop 1, Nuggets Crossing Shopping Centre

7 Days, 8am-8pm

Caltex Service Station

7 days, 6am-10pm

### **Guthega Power Station**

Photo: In carpark in front of the Information sign.



No services.

### **Charlotte Pass**

Photo: At the Charlotte Pass Elevation Sign



No food available. It's possible there will be food available at a chalet on the route up in Perisher, but you may need to leave the course. At Charlotte Pass a public toilet is available. Water is available at several locations on the climb, including at Perisher. The closest food stop known to be open during summer months is the Shell Service Station listed above in the Jindabyne section, located at the corner of Alpine Way and Kosciusko Rd.

Charlotte Chalet just below the summit (off course) is open in summer, flags out on road if open. There's small cafe located just above Perisher which opens over summer, flags out on the road if open.

### **Thredbo**

Photo: At the Thredbo sign located near the pedestrian overhead bridge.



Thredbo village has a number of cafes and food options. There are less options in summer, but still a good variety. Information centre (LHS on the route) has map of town for food, water & toilets. From Thredbo to your next town is 77km with no services or water available.

Foodworks Supermarket Thredbo  
5 Mowamba Pl  
Mon-Sat: 8:30am - 5:30pm  
Sun: 9am - 3pm

List below taken from Thredbo Information Centre (11-Jan-2013)

Cascades  
7 days: 7am-11am  
Tue-Sat: From 6pm

The Bistro  
7 days: 12pm-9pm

Avalanche Cafe  
7 days: 8:30am-4pm

Bernti's Grill & Tapas  
Tue-Sun: From 5pm

Black Bear Inn  
Fri-Sun: From 6pm

Gourmet Forty Two  
7 days: 6:30am-5:30pm

Knickerbocker  
Sat-Sun: From 12pm  
Wed-Sun: From 6pm

Sante Churrasco  
Wed-Mon: 8am-2:30pm  
Fri-Sun: From 6pm

Thredbo Bakery  
7 days: 8am-3pm

The Terrace Restaurant  
Thu-Mon: From 6pm

Alfresco Pizzeria  
7 days: 12pm & 5pm-8:30pm (not sure of lunch hours)

### **Khancoban**

Photo: The rock "tidy-town" monument in the grassed area in middle of the shops.

Toilet: Rear of the shops

Water: Taps located around the grassed area in the middle of the shops.

Khancoban has a few food and accommodation options available.

<http://www.visittumbashire.com.au/f.ashx/Maps/KhancobanMap.pdf>

Khancoban Roadhouse

Alpine Way

02 6076 9400

7days: 6:30am - 5:30pm (JJs Cafe adjacent can get food until 6pm)

Khancoban General Store / Cafe / Takeaway

Shopping centre, end of Scammel St.

02 60769559

Mon-Thu: 6am-7pm

Fri: 6am-5pm

Sat-Sun: 7am-4pm

Shane O's Cafe

Shopping Centre, end of Scammel St.

Tue-Sun: Open until 7:30pm, last orders 7:15pm.

Inn / Pub

Cnr Scott St & Alpine Way (on course exiting town)  
Opens noon, closes when it's not busy (no exact hours)

*Accommodation – unverified, list from website*

Queens Cottage, Pendergast St 02 60769033 [www.queenscottage.com.au](http://www.queenscottage.com.au)  
Cossettini B & B, Alpine Way (1 km NW of Cabramurra turn off) 02 60769332  
Eurabbie B & B, 213 Waterfall Farm Rd 02 60769150 or 0425 212 058 [www.eurabbie.net.au](http://www.eurabbie.net.au)  
Khancoban Rose Holiday Units, Mitchell Ave 02 60769530 [www.khancobanroseholidayunits.com.au](http://www.khancobanroseholidayunits.com.au)  
Khancoban Lakeside Caravan Resort, Alpine Way 02 60769488 [www.klcr.com.au](http://www.klcr.com.au)  
Khancoban Alpine Inn, Alpine Way 02 60769471  
Lyrebird Lodge, Spillway Rd 02 60769455 [www.lyrebirdlodge.com.au](http://www.lyrebirdlodge.com.au)  
Hideaway Village, Spillway Rd 02 60769498  
Kosciuszko Cottages, various locations 02 60775235 or 0477 043 348  
B & M Holiday Cottage, 17 Mitchell Ave 02 60769429  
Linden Tree Lodge, Mitchell Ave 0428 383 496

**Corryong**

Photo: The Man from Snowy River statue located next to the Information Centre which is on the right hand side of the ride, just after the 2<sup>nd</sup> round about through town on the route.

Toilets & Water: Behind the Information Centre, in the park. Taps on outside of toilets near the men's entrance.

Corryong is one of the larger towns on the route (pop 1200) . There's more options than these listed, but these I have verified.

**Foodworks Corryong**

24 Hansen St  
Mon-Fri: 8am - 6pm  
Sat: 8:30am - 4pm  
Sun: 9:30am - 4pm

**Caltex Service Station**  
(Highway, Leaving town)

Mon-Sat: 07:30am-7pm  
Sun: 8am-7pm

**Corryong Courthouse Hotel (Top Pub, midtown on left)**

<http://www.corryongcourthousehotel.com.au/>  
27-31 Hansen Street  
02 6076 1711  
Bistro 7 days, lunch and dinner, 13 rooms available, rates variable

**Corryong Hotel Motel (Bottom Pub, as you enter town on right)**

<http://www.corryonghotelmotel.com.au/>  
54-60 Towong Road

02 60761004

Bistro, 7 days, lunch & dinner, 12 motel units

Legends on Hansen

20 Hansen St

02 60762129

Cafe with good reviews, Australian Contemporary, coffee

7days: 9am - 4pm

Tallulah's Takeaway

4 Hansen St

02 6076 1111

Mon-Thu: 9am-7:30pm

Fri: 9am-8pm

Sat: 10am-8pm

Sun: 10am-6pm

Mountain View Motel

74 Towong Rd (RHS as entering town, just before bottom pub)

02 6076 1766

Manager will receive a parcel by mail and arrange to put it in your room. With arrangement can provide a continental breakfast the night before for an early departure.

### **Walwa**

Photo: Walwa General Store sign on wall of the General Store, left hand side of the street, on the route.



Toilets & Water: Park on right hand side of route into town, almost opposite the service station and general store.

Walwa General Store  
48-52 Main St, Walwa  
02 6037 1291  
Shop: 7days: 8am - 6pm  
Kitchen Hours: 7days: 8:30 - 3pm

Walwa Hotel  
39 Main St, Walwa  
(02) 6037 1310  
3 twins, 3 doubles \$35 per per per night including continental breakfast  
Hours: 11:00-"late" (depends on how busy it is)  
Kitchen: 7 days: 12pm-2pm Mon-Sat 6pm-8pm (No kitchen meals Sunday evening)  
Can arrange a late arrival, but need to talk to them.  
Owner has said they will accept a package via post and put into your room.

### **Jingellic**

Note: Jingellic is NOT a required checkpoint but was considered for use as a checkpoint because of the border crossing. For the Tourist looking for camping accommodation it's a nice spot.

Toilet / Water: in park on right hand side just past the bridge, almost opposite the shop.

Bridge Hotel (Pub)  
Located down River Rd (turn right off the course), a few hundred metres.  
Offers free camping behind the Pub, pleasant spot.  
Camping free but purchase a shower token for \$4 (from the pub).

Jingellic General Store  
3208 River Rd (nr corner on the route)  
02 6037 1320  
Mon-Fri: 8am-6pm  
Sat: 8am-4pm  
Sun: 9am-1pm

### **Tumbarumba**

Photo: The Mural on the wall of the Caltex Service station on the cnr of Winton & Bridge St (on route)  
Toilets / Water: Bottom end (down the hill) on Bridge St in the park, slightly off the route

Larger town than Walwa or Jingellic. More options are available than those listed here. Accom / food available. Most of the food / cafes etc are in The Parade.

<http://www.visittumbashire.com.au/about/tumbarumba.aspx>

Foodworks Supermarket Tumbarumba (off route, just up the road from the Caltex Service Station)  
27 Bridge St  
Mon-Sat: 7am - 8pm  
Sun: 7am - 7pm

IGA Supermarket  
19 The Parade  
7 days: 8am - 8pm

Nest Cafe/Cinema (food gets good reviews. On the route leaving town on the left)  
56 Winton St  
Mon-Wed 8am – 4pm  
Thurs 8am – 6pm  
Fri 8am – 10pmish  
Sat 8am – 10pmish  
Sun Closed

Caltex Service Station (on route where you turn on Bridge St)  
Cnr Winton / Bridge St  
Mon-Fri: 6:30am - 7:30pm  
Sat-Sun : 7am - 7:30pm

### **Cabramurra**

Photo: At the Elevation 1488m sign at the lookout.

*No accommodation is available at Cabramurra.* It is a company owned service town for the Snowy Mountains Hydro-electricity scheme. There is a cafe / general store with limited hours, and the bistro serves dinner and lunch. You may need to carry food from Tumbarumba depending on times. Toilets and water are available 24x7 – the outer doors of the General Store / Cafe are always open, and lead into a hallway. Toilets are at the far end of the hallway.

General Store (opp Service station)  
Mon-Fri: 8:30am – 5:00pm  
Sat-Sun: 10am – 3:00pm

### **Bistro 1488**

Note: staff said they appreciate a call in advance to let them know you will be there, especially if riding as a group. Serves lunch and dinner.

Talara Street

Ph 02 6453 8842

7 days: 10am-2pm & 5pm-8pm

Bar Hours: Mon-Fri 5pm-10pm, Sat 1pm-10pm, Sun 12pm-9pm

### **Adaminaby**

Photo: In front of the Big Trout in the park.

The bakehouse  
Denison St (up from Pub, opposite)  
02 64542453  
Mon-Sat: 8am-5pm  
Sun: 8am-2pm

Snow Goose Hotel / Pub / Motel  
Corner Denison and Baker Street  
02 6454 2202

<http://snowgoosehotelmotel.com.au/>

Meals 7 days: Lunch 12-1:30pm Dinner 6pm-8pm

Opening hours vary on pub – until 'late' depending upon how busy it is.

Pizza is available when kitchen is closed.

SPAR Express Groceries  
Denison St (Up from Pub)  
Mon-Sat: 8:30am – 6pm  
Sun: 9am – 5pm

Adaminaby Bowling & Sports Club  
Highway (opposite the trout)  
Club Hours: Thu-Fri: 4pm-11pm, Sat-Sun: 12pm-closing (depends on demand)  
Bistro Hours: Thu-Sun: 6pm-8pm

West Side Petrol Station (h'way entering town)  
7 days: 5am – 10pm (generally)

Ampol Service Station (h'way leaving town)  
7days: 7:30am - 5:55pm

### **Cooma**

Photo: (on finish) Cooma Visitor's Centre (Left hand side of road, it is the last building before the Centennial Park - 119 Sharp St, Cooma NSW 2630).



Plenty of options for food and accommodation. Food options below are listed only if they open particularly early or late. For a more complete list:

[http://www.visitcooma.com.au/files/docs/cooma\\_region\\_dining\\_guide.pdf](http://www.visitcooma.com.au/files/docs/cooma_region_dining_guide.pdf)

Sharp St is the main street through town (Monaro Highway).

Accommodation: <http://www.visitcooma.com.au/accommodation>

McDonald's & McCafe  
24 Sharp St (on h'way)  
7 days: 5am – 11pm

Chinatown  
84a Sharp St,  
7days: 11:30-2:30, 5pm – 10pm (11pm Fridays)

Azzanaire Pizza  
57 Sharp St  
Mon – Fri: 11:30 – 2pm  
Fri-Sat: 5pm – 11pm  
Sun, Tue- Thu: 5pm- 10pm

Cooma Hotbake  
Haine Centre, Sharp St  
Mon-Fri: 5am – 5:30pm  
Sat: 5am - 2pm

Capital Dial a Pizza

86a Sharp St  
Sun-Thu: 5pm – 11pm  
Fri-Sat: 5pm – 1am

KFC  
Snowstop Village, Sharp St  
7 days: 10:30am – 10pm