

Doin' the Dog Trap

100km, 150km & 200km Audax Rides - Saturday 8 June 2019

Who let the dog out! Out to Yarramalong, possibly the most beautiful valley in the region, via the gorges of Galston and Berowra. Climb back up Dog Trap Rd and return to Hornsby via Peat's Ridge. The 100km ride turns around at Mt White and the 150km route peels off at Peats Ridge (well, Central Mangrove, but that doesn't sound as good).

This is one of a series of rides being run over the June long weekend and is perfect preparation for the 2019 PBP.

Organiser Contact Details:

Howard & Rebecca Dove
3/88 Sherbrook Rd, Hornsby 2077
Mob: 0403 215027 (Howard)
Mob: 0425 370089 (Rebecca)
Email: ramhkd@yahoo.com.au

Entry Fees: Audax or Cycling Australia members \$6 (please bring your membership card). Non-members \$16 (includes a \$10 temporary membership surcharge which is required for rider and ride organiser insurance purposes).

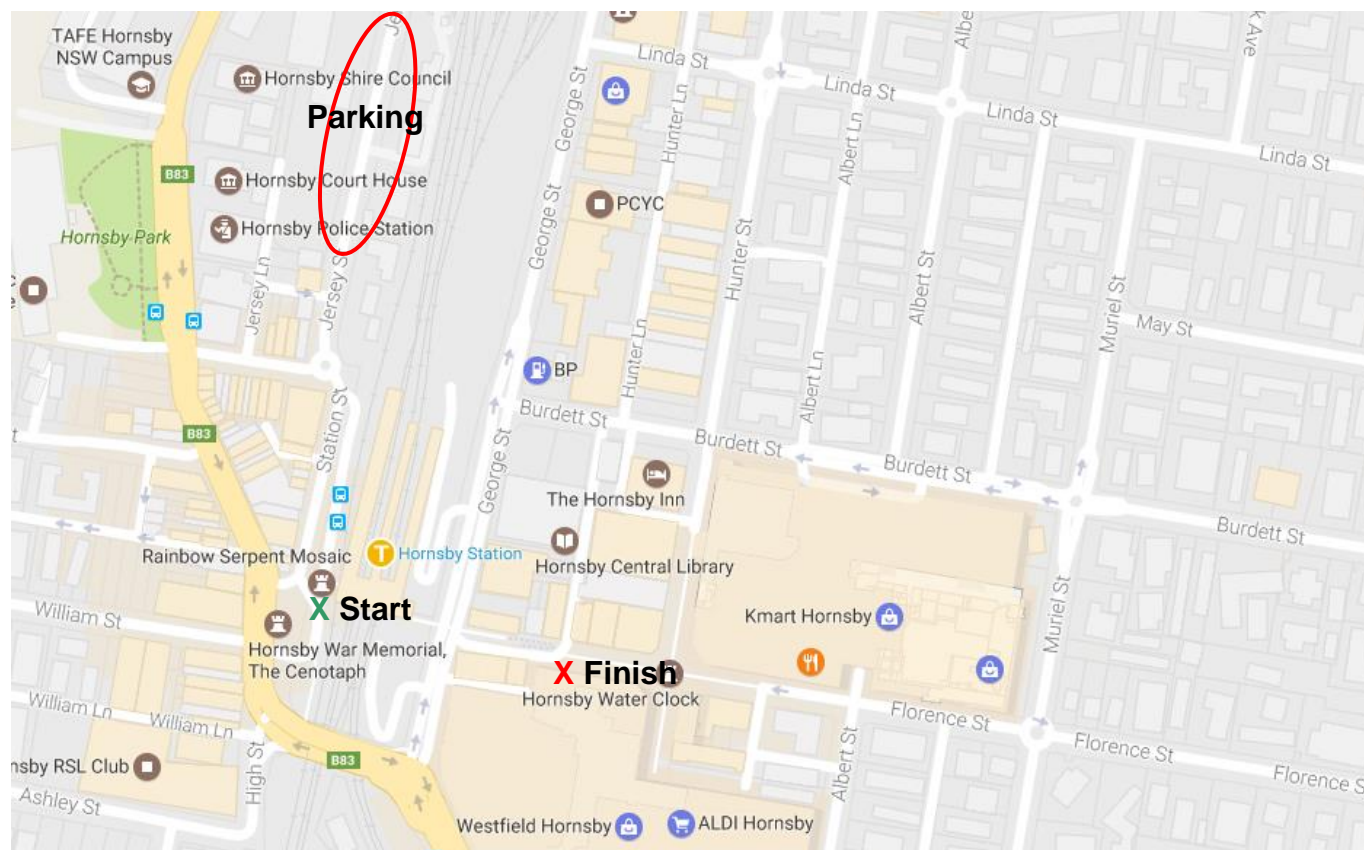
Registration: Online entry is available at:
<https://www.audax.org.au/portal/rides/register-calendar/1294-doin-the-dog-trap-2019>

Entries close at 12:30pm on Friday 7 June 2019. Sorry, no entries on the day.

Start Time: The rides start at 7:00am sharp. Please **arrive by 6:50am** to allow time for admin.

Start Location: HORNSBY - Railway Station, western side
Parking is available in Jersey St (north of the station) but you need to check restrictions as some spots are time limited.

Finish Location: HORNSBY - Café Florence, Florence St



Rider Safety: We want everyone to have a safe ride. Low light conditions can occur at any time of the day and the ride starts just after dawn, so we expect you to be prepared and to take responsibility for your visibility on the road at all times.

The Club's safety recommendations can be viewed on the Audax Australia website (see link below).

https://www.audax.org.au/public/images/stories/Documents/National_Docs/Audax_Australia_Safety_Recommendations.pdf

Route Directions: 100km: p 3, 150km: p 4, 200km: p 5-6

Please print the route directions and bring them with you. If you can't get to a printer, let us know and we will print a copy for you.

Route Maps: The routes are mapped on Ride with GPS:

<https://ridewithgps.com/events/83103-doin-the-dog-trap>

Control Locations:

| | |
|--------|-------------------------------------|
| 100 km | Mt White - 59km (closes 10:56am) |
| | Brooklyn - 75km (closes 12:00pm) |
| | Hornsby - 101km (closes 1:44pm) |
| 150 km | Mt White - 59km (closes 10:56am) |
| | Somersby - 92km (closes 1:08pm) |
| | Hornsby - 152km (closes 5:08pm) |
| 200 km | Mt White - 59km (closes 10:56am) |
| | Wyong - 118km (closes 2:52pm) |
| | Peats Ridge - 146km (closes 4:44pm) |
| | Hornsby - 202km (closes 8:30pm) |

Food/water: This ride is unsupported however food and water is readily available along the route and at the control locations. Public toilets are available at the control locations.

Cancellation: **Should you have to cancel at the last minute, please send one of us a text message before the ride start.** Our mobile numbers are at the top of this document. The full entry fee will be refunded to you if you cancel any time prior to the ride start.

Post Ride: Your brevet card will be processed after the ride and then sent back to you. Therefore, when you have finished you can either:

- hand it to either of us at the finish
- drop it in our letterbox at 3/88 Sherbrook Rd Hornsby, or
- mail it to us: Howard Dove, 3/88 Sherbrook Rd, Hornsby 2077

| Doin' the Dog Trap - 100km Audax Ride | | |
|--|---------------|---------------|
| Route instruction | Int km | Tot km |
| START: HORNSBY - Railway Station | 0.0 | 0.0 |
| R @ lights Peats Ferry Rd | 0.1 | 0.1 |
| L Galston Rd (dir: Galston) | 1.4 | 1.5 |
| CAUTION: 5km/h hairpin corners on Galston Gorge descent | 3.2 | 4.7 |
| 2nd exit @ roundabout - Galston Rd (dir: Galston) | 5.4 | 10.1 |
| L @ T Galston Rd (dir: Galston) | 0.7 | 10.8 |
| GALSTON - 2nd exit @ roundabout - Galston Rd (dir: Castle Hill, Pennant Hills) | 1.1 | 11.9 |
| 2nd exit @ roundabout - Mid Dural Rd (dir: Wisemans Ferry) | 0.4 | 12.3 |
| R @ T - Old Northern Rd (dir: Wisemans Ferry) | 2.3 | 14.6 |
| R Wyls Rd | 2.3 | 16.9 |
| L @ T - Arcadia Rd and follow signs to Berowra Waters | 1.6 | 18.5 |
| BEROWRA WATERS - cross river on car ferry | 10.3 | 28.8 |
| follow signs to Hornsby on Berowra Waters Rd | 4.2 | 33.0 |
| BEROWRA - L Pacific Hwy (dir: Gosford, Newcastle) | 2.0 | 35.0 |
| CHECKPOINT: MT WHITE - General Store (on right) | 24.1 | 59.1 |
| on leaving checkpoint return the way you came along Pacific Hwy | | |
| L Brooklyn Rd (dir: Brooklyn) | 12.0 | 71.1 |
| CHECKPOINT: BROOKLYN - General Store (on right) | 3.4 | 74.5 |
| on leaving checkpoint return the way you came along Brooklyn Rd | | |
| L @ T - Pacific Hwy (dir: Sydney) | 3.5 | 78.0 |
| ASQUITH - keep left Jersey St North and follow signs to Hornsby, Parramatta, Sydney | 20.9 | 98.9 |
| L Florence St | 2.0 | 100.9 |
| FINISH: HORNSBY - Café Florence, Florence St | 0.1 | 101.0 |

Organiser Contacts: Howard Dove 0403 215027 & Rebecca Dove 0425 370089

| Doin' the Dog Trap - 150km Audax Ride | | |
|--|---------------|---------------|
| Route instruction | Int km | Tot km |
| START: HORNSBY - Railway Station | 0.0 | 0.0 |
| R @ lights Peats Ferry Rd | 0.1 | 0.1 |
| L Galston Rd (dir: Galston) | 1.4 | 1.5 |
| CAUTION: 5km/h hairpin corners on Galston Gorge descent | 3.2 | 4.7 |
| 2nd exit @ roundabout - Galston Rd (dir: Galston) | 5.4 | 10.1 |
| L @ T Galston Rd (dir: Galston) | 0.7 | 10.8 |
| GALSTON - 2nd exit @ roundabout - Galston Rd (dir: Castle Hill, Pennant Hills) | 1.1 | 11.9 |
| 2nd exit @ roundabout - Mid Dural Rd (dir: Wisemans Ferry) | 0.4 | 12.3 |
| R @ T - Old Northern Rd (dir: Wisemans Ferry) | 2.3 | 14.6 |
| R Wylids Rd | 2.3 | 16.9 |
| L @ T - Arcadia Rd and follow signs to Berowra Waters | 1.6 | 18.5 |
| BEROWRA WATERS - cross river on car ferry | 10.3 | 28.8 |
| follow signs to Hornsby on Berowra Waters Rd | 4.2 | 33.0 |
| BEROWRA - L Pacific Hwy (dir: Gosford, Newcastle) | 2.0 | 35.0 |
| CHECKPOINT: MT WHITE - Old Road Cafe (on right) | 24.1 | 59.1 |
| on leaving checkpoint continue on Pacific Hwy | | |
| R @ T - Pacific Hwy (dir: Peats Ridge) | 6.1 | 65.2 |
| L @ T - Peats Ridge Rd (dir: Peats Ridge) | 0.2 | 65.4 |
| PEATS RIDGE - SO George Downes Dr (dir: Central Mangrove, Wisemans Ferry, Wollombi) | 15.1 | 80.5 |
| CENTRAL MANGROVE - R Wisemans Ferry Rd (dir: Gosford) | 2.4 | 82.9 |
| CHECKPOINT: SOMERSBY - General Store (on right) | 9.4 | 92.3 |
| on leaving checkpoint continue on Wisemans Ferry Rd | | |
| 2nd exit @ roundabout - Old Pacific Hwy (dir: Calga) | 7.6 | 99.9 |
| L Pacific Hwy (dir: Brooklyn, Sydney) | 10.5 | 110.4 |
| L Pacific Hwy (dir: Brooklyn) | 0.2 | 110.6 |
| ASQUITH - keep left Jersey St North and follow signs to Hornsby, Parramatta, Sydney | 39.0 | 149.6 |
| L Florence St | 2.1 | 151.7 |
| FINISH: HORNSBY – Café Florence, Florence St | 0.1 | 151.8 |

Organiser Contacts: Howard Dove 0403 215027 & Rebecca Dove 0425 370089

| Doin' the Dog Trap - 200km Audax Ride | | |
|--|---------------|---------------|
| Route instruction | Int km | Tot km |
| START: HORNSBY - Railway Station | 0.0 | 0.0 |
| R @ lights Peats Ferry Rd | 0.1 | 0.1 |
| L Galston Rd (dir: Galston) | 1.4 | 1.5 |
| CAUTION: 5km/h hairpin corners on Galston Gorge descent | 3.2 | 4.7 |
| 2nd exit @ roundabout - Galston Rd (dir: Galston) | 5.4 | 10.1 |
| L @ T Galston Rd (dir: Galston) | 0.7 | 10.8 |
| GALSTON - 2nd exit @ roundabout - Galston Rd (dir: Castle Hill, Pennant Hills) | 1.1 | 11.9 |
| 2nd exit @ roundabout - Mid Dural Rd (dir: Wisemans Ferry) | 0.4 | 12.3 |
| R @ T - Old Northern Rd (dir: Wisemans Ferry) | 2.3 | 14.6 |
| R Wylds Rd | 2.3 | 16.9 |
| L @ T - Arcadia Rd and follow signs to Berowra Waters | 1.6 | 18.5 |
| BEROWRA WATERS - cross river on car ferry | 10.3 | 28.8 |
| follow signs to Hornsby on Berowra Waters Rd | 4.2 | 33.0 |
| BEROWRA - L Pacific Hwy (dir: Gosford, Newcastle) | 2.0 | 35.0 |
| CHECKPOINT: MT WHITE - Old Road Cafe (on right) | 24.1 | 59.1 |
| on leaving checkpoint continue on Pacific Hwy | | |
| R @ T - Pacific Hwy (dir: Peats Ridge) | 6.1 | 65.2 |
| L @ T - Peats Ridge Rd (dir: Peats Ridge) | 0.2 | 65.4 |
| PEATS RIDGE - SO George Downes Dr (dir: Central Mangrove, Wisemans Ferry, Wollombi) | 15.1 | 80.5 |
| CENTRAL MANGROVE - SO George Downes Dr (dir: Wollombi, Singleton) | 2.4 | 82.9 |
| KULNURA - R Greta Rd | 8.6 | 91.5 |
| L @ T - Greta Rd (dir: Wyong) | 2.2 | 93.7 |
| CAUTION: steep descent on Bumble Hill | 1.8 | 95.5 |
| YARRAMALONG - R @ T - Yarramalong Rd (dir: Wyong) | 3.4 | 98.9 |
| 3rd exit @ roundabout - Alison Rd | 17.8 | 116.7 |
| R Margaret St | 0.5 | 117.2 |
| cross Pacific Hwy into Wyong Railway Station car park | 0.4 | 117.6 |
| CHECKPOINT: WYONG (café on right as you enter car park) | 0.1 | 117.7 |

| | | |
|--|------|--------------|
| on leaving checkpoint L out of car park onto Pacific Hwy | | |
| enter bike path on LHS of road | 1.0 | 118.6 |
| 1st exit @ roundabout - Pacific Hwy (dir: Gosford) | 8.3 | 126.9 |
| R @ lights - Dog Trap Rd (from RH turning lane) | 1.0 | 127.9 |
| R @ T - Wisemans Ferry Rd | 9.9 | 137.8 |
| veer left onto Peats Ridge Rd | 5.5 | 143.2 |
| CHECKPOINT: PEATS RIDGE - Corrugated Cafe (on left) | 2.8 | 146.0 |
| on leaving checkpoint continue on Peats Ridge Rd | | |
| SO Peats Ridge Rd (dir: Sydney) | 13.2 | 159.2 |
| R Pacific Hwy (dir: Brooklyn, Sydney) | 0.9 | 160.1 |
| L Pacific Hwy (dir: Brooklyn) | 0.2 | 160.3 |
| ASQUITH - keep left Jersey St North and follow signs to Hornsby, Parramatta, Sydney | 39.0 | 199.3 |
| L Florence St | 2.1 | 201.4 |
| FINISH: HORNSBY - Olive Bar & Grill, Florence St | 0.1 | 201.5 |

Organiser Contacts: Howard Dove 0403 215027 & Rebecca Dove 0425 370089