

Go Loopy

100km, 200km, 300km, 400km & 600km Audax Rides

Saturday 10 November 2018

Six clockwise routes of increasing size from Waitara in Sydney's north, taking in the Southern Highlands, the river flats around Penrith, the Central Coast and the Kuring-gai Chase National Park. The longer you ride the loopier you get! The 200-600km routes now take the less hilly detour around the Northern Rd/M4 roadwork closures. There are two 600km routes on offer. The original route is one big loop from Hornsby, enabling riders to overnight out west. The modified route is two loops from Hornsby - heading south on the first day and north on the second day, enabling riders to self-support from Hornsby or nearby.

Organiser Contact Details:
Howard & Rebecca Dove
3/88 Sherbrook Rd, Hornsby 2077
Mob: 0403 215027 (Howard)
0425 370089 (Rebecca)
Email: ramhkd@yahoo.com.au

Entry Fees: Audax or Cycling Australia members \$6 (please bring your membership card). Non-members \$16 (includes a \$10 temporary membership surcharge).

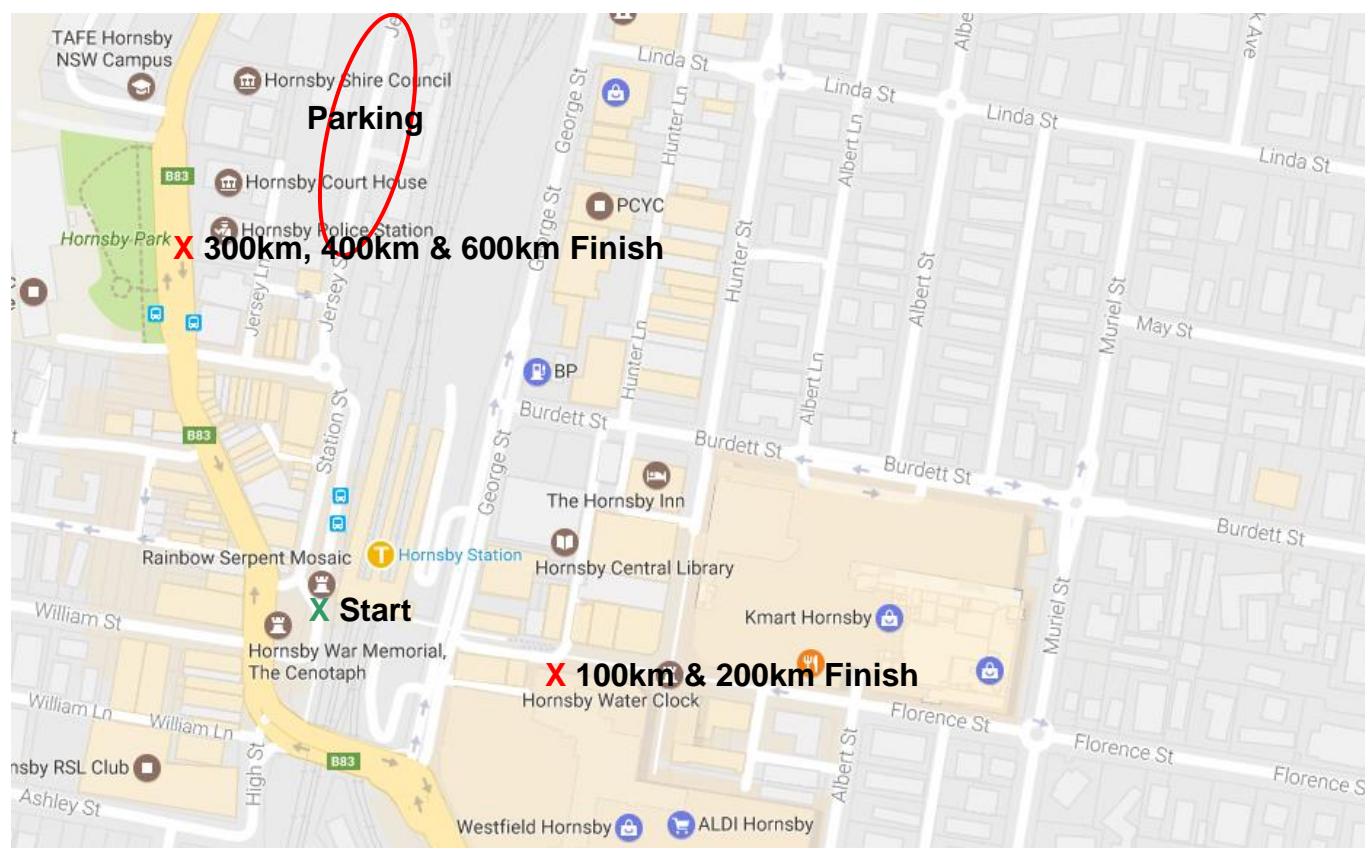
Registration: Online entry is available at:
<https://www.audax.org.au/portal/rides/register-calendar/1049-go-loopy-nov-2018>

All ride entries close at 3:00pm on Friday 9 November 2018.

Start Time: All rides start at 6:00am sharp. Please arrive by 5:45am for admin.

Start Location: HORNSBY - Railway Station, western side
Parking is available in Jersey St (north of the station) but you need to check restrictions as some spots are time limited.

Finish Location: 100km & 200km - HORNSBY: OBB Café, Florence St
300km, 400km & 600km - HORNSBY: Police Station, Peats Ferry Rd



Rider Safety: We want everyone to have a safe ride. Low light conditions can occur at any time of the day, so we expect you to be prepared and to take responsibility for your visibility on the road at all times.

The Club's safety recommendations can be viewed on the Audax Australia website (see link below).

https://www.audax.org.au/public/images/stories/Documents/National_Docs/Audax_Australia_Safety_Recommendations.pdf

Route Directions: 100km p 4
200km pp 5-6
300km pp 7-8
400km pp 9-10
Twin Loop 600km pp 11-13
Two Day Loop 600km pp 14-16

Please print the route directions and bring them with you. If you can't get to a printer, let us know and we will print a copy for you.

Route Maps:

The routes are mapped on Ride with GPS:

<https://ridewithgps.com/events/61794-2018-go-loopy-november>

Control Locations:

100km: Windsor - 42km (closes 8:48am)
Arcadia - 76km (closes 11:04am)
Hornsby - 104km (closes 12:56pm)

200km: Camden - 81km (closes 11:24am)
Windsor - 160km (closes 4:40pm)
Hornsby - 205km (closes 7:30pm)

300km: Camden - 81km (closes 11:44am)
Hill Top - 143km (closes 3:32pm)
Penrith - 229km (closes 9:16pm)
Hornsby - 303km (closes 2:00am 11/11/2018)

400km: Camden - 81km (closes 11:24am)
Hill Top - 143km (closes 3:32pm)
Penrith - 229km (closes 9:16pm)
Wisemans Ferry - 324km (closes 3:36am 11/11/2018)
Hornsby - 401km (closes 9:00am 11/11/2018)

Twin Loop 600km Camden - 81km (closes 11:24am)
Moss Vale - 169km (closes 5:16pm)
Penrith - 293km (closes 1:32am)
Hornsby - 359km (closes 5:56am 11/11/2018)
Wisemans Ferry - 438km (closes 11:12am 11/11/2018)
Wyong - 522km (closes 4:48pm 11/11/2018)
Hornsby - 603km (closes 10:00pm 11/11/2018)

Two Day 600km Camden - 81km (closes 11:24am)
Robertson - 172km (closes 5:28pm)
Mittagong - 232km (closes 9:28pm)
Richmond - 355km (closes 5:40am 11/11/2018)
Wisemans Ferry - 434km (closes 10:16am 11/11/2018)
Wyong - 520km (closes 4:40pm 11/11/2018)
Hornsby - 604km (closes 10:00pm 11/11/2018)

Food/water: This ride is unsupported, however food and water is readily available along the route and at the control locations for all **except the 400km route**. Public toilets are available at the control locations.

400km riders - the Wisemans Ferry checkpoint at 324km closes at 3:36am and there are no 24 hour services in town. The Caltex and IGA close at 7:00pm, the Bistro at Wisemans Inn closes at 8:30pm and the Wisemans Inn closes at 12:00 midnight. You need to plan to carry enough food and drink if you are going to arrive in Wisemans Ferry after closing hours.

Cancellation: **Should you have to cancel at the last minute, please send one of us a text message before the ride start.** Our mobile numbers are at the top of this document. The full entry fee will be refunded to you if you cancel any time prior to the ride start.

Post Ride: Your brevet cards will be processed after the ride and then sent back to you. Therefore, when you have finished you can either:

- leave it with staff at the OBB Café (100km & 200km riders)
- drop it in our letterbox at 3/88 Sherbrook Rd Hornsby, or
- mail it to us: Howard Dove, 3/88 Sherbrook Rd, Hornsby 2077

The Little Loop - 100km Audax Ride		
Route instruction	Int km	Tot km
START: HORNSBY - Railway Station	0.0	0.0
L @ lights Pacific Hwy	0.1	0.1
SO Pennant Hills Rd (dir: Parramatta)	2.1	2.2
R Castle Hill Rd (dir: Castle Hill, Windsor)	7.0	9.2
L Old Northern Rd (dir: Castle Hill, Windsor)	3.8	13.0
R @ T Old Northern Rd (dir: Windsor)	1.6	14.6
L Showground Rd (dir: Windsor)	0.2	14.8
L @ T Windsor Rd (dir: Parramatta)	3.1	17.9
R Norwest Bvd (dir: Norwest Business Park)	0.8	18.7
R @ lights Old Windsor Rd bike path (on RHS of road, access via pedestrian crossing)	2.7	21.4
1st exit @ roundabout - George St	20.2	41.6
CHECKPOINT: WINDSOR	0.1	41.7
on leaving checkpoint return the way you came along George St		
3rd exit @ roundabout - Bridge St	0.1	41.8
L @ lights Pitt Town Rd (dir: Wisemans Ferry)	1.6	43.4
R Wolseley Rd (dir: Oakville)	0.9	44.3
L Old Stock Route Rd	1.6	45.9
veer right Scheyville Rd (dir: Scheyville, Maraylya)	1.9	47.8
L @ T Pitt Town Dural Rd (dir: Pitt Town)	5.3	53.1
SO Pebbly Hill Rd	0.2	53.3
L @ T Mitchell Park Rd	2.8	56.1
R Cattai Rd	0.7	56.8
R Halcrows Rd (power substation on corner)	1.7	58.5
SO Cattai Ridge Rd	7.0	65.5
R @ T Old Northern Rd (dir: Castle Hill)	8.1	73.6
L Wylds Rd (dir: Hornsby) CAUTION: steep descent	0.9	74.5
L @ T Arcadia Rd (dir: Berowra Waters)	1.6	76.1
CHECKPOINT: ANDY'S (on left)	0.1	76.2
L on leaving checkpoint and follow signs to Berowra Waters		
cross river on car ferry and follow signs to Hornsby	10.2	86.4
R @ T Pacific Hwy (dir: Hornsby, Parramatta)	6.3	92.7
SO Jersey St Nth and follow signs to Hornsby, Parramatta, Sydney	8.8	101.5
L Florence St	2.1	103.6
FINISH: HORNSBY MALL - OBB Café, Florence St (on right)	0.1	103.7

Ride Organisers are Howard & Rebecca Dove
Ph: 0425 370089 (Rebecca) -- 0403 215027 (Howard)

The Long Loop - 200km Audax Ride		
Route instruction	Int km	Tot km
START: HORNSBY - Railway Station	0.0	0.0
L @ lights Pacific Hwy	0.1	0.1
SO Pennant Hills Rd (dir: Parramatta)	2.1	2.2
R Castle Hill Rd (dir: Castle Hill, Windsor)	7.0	9.2
L Old Northern Rd (dir: Castle Hill, Windsor)	3.8	13.0
R @ T Old Northern Rd (dir: Windsor)	1.6	14.6
L Showground Rd (dir: Windsor)	0.1	14.7
L Windsor Rd (dir: Parramatta)	3.2	17.9
R Norwest Blvd (dir: Norwest Business Park)	0.8	18.7
join bike path on LHS immediately after crossing Greenhill Drive	3.1	21.8
R @ T M7 bike path and follow it to its end at Camden Valley Way	0.4	22.2
R at end of the M7 path and follow bike path along Camden Valley Way	37.3	59.5
cross Cowpasture Rd then L to continue on Camden Valley Way bike path	3.5	63.0
cross at pedestrian crossing to rejoin Camden Valley Way	14.0	77.0
CHECKPOINT: CAMDEN - any shop	4.4	81.4
on leaving checkpoint continue on Argyle St		
2nd exit @ roundabout Cawdor Rd	0.3	81.7
2nd exit @ roundabout Sheathers Ln	0.9	82.6
2nd exit @ roundabout Werombi Rd	2.0	84.6
R @ T Silverdale Rd	15.6	100.2
veer right Silverdale Rd (dir: Wallacia)	9.2	109.4
2nd exit @ roundabout Silverdale Rd (dir: Wallacia, Penrith)	3.8	113.2
2nd exit @ roundabout Park Rd (dir: Liverpool, Campbelltown)	3.2	116.4
L @ T The Northern Rd (dir: Penrith)	4.8	121.2
1st exit @ roundabout Glenmore Pkwy and follow detour to Mulgoa Rd	9.9	131.1
SO Castlereagh Rd (dir: Richmond)	9.3	140.4
R Cranebrook Rd (dir: Windsor, Richmond)	5.2	145.6
2nd exit @ roundabout The Northern Rd (dir: Windsor)	3.5	149.1
1st exit @ roundabout Richmond Rd (dir: Windsor, Richmond)	7.7	156.8
2nd exit @ roundabout George St (dir: Windsor)	0.2	157.0
SO George St (dir: South Windsor Shops)	2.3	159.3
SO George St Mall (paved area)	2.9	162.2
CHECKPOINT: WINDSOR - George St Mall	0.3	159.5

on leaving checkpoint continue through Mall		
3rd exit at roundabout Bridge St (dir: Parramatta, Sydney)	0.1	162.5
L @ lights Pitt Town Rd (dir: Wisemans Ferry)	1.6	164.1
R Wolseley Rd (dir: Oakville)	0.9	165.0
L Old Stock Route Rd	1.6	166.6
road curves right to become Scheyville Rd (dir: Scheyville, Maraylya)	1.9	168.5
R @ T Pitt Town Dural Rd (dir: Glenorie)	5.3	173.8
R @ T Old Northern Rd (dir: Castle Hill)	13.8	187.6
L Wylds Rd CAUTION: steep descent	0.8	188.4
R @ T Arcadia Rd (dir: Hornsby)	1.6	190.1
1st exit @ roundabout Galston Rd and follow signs to Hornsby	3.3	193.3
R @ T Peats Ferry Rd (dir: Hornsby, Pennant Hills)	10.2	203.5
L Bridge Rd (dir: Hornsby, Parramatta, Sydney)	0.7	204.2
R George St (dir: Hornsby, Parramatta, Sydney)	0.2	204.4
L Florence St	0.7	205.1
FINISH: HORNSBY - OBB Café, Florence St	0.1	205.2

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The Longer Loop - 300km Audax Ride		
Route instruction	Int km	Tot km
START: HORNSBY - Railway Station	0.0	0.0
L @ lights Pacific Hwy	0.1	0.1
SO Pennant Hills Rd (dir: Parramatta)	2.1	2.2
R Castle Hill Rd (dir: Castle Hill, Windsor)	7.0	9.2
L Old Northern Rd (dir: Castle Hill, Windsor)	3.8	13.0
R @ T Old Northern Rd (dir: Windsor)	1.6	14.6
L Showground Rd (dir: Windsor)	0.1	14.7
L Windsor Rd (dir: Parramatta)	3.2	17.9
R Norwest Bvd (dir: Norwest Business Park)	0.8	18.7
join bike path on LHS immediately after crossing Greenhill Drive	3.1	21.8
R @ T M7 bike path and follow it to its end at Camden Valley Way	0.5	22.3
R at end of the M7 path and follow bike path along Camden Valley Way	37.2	59.5
cross Cowpasture Rd then L to continue on Camden Valley Way bike path	3.5	63.0
cross at pedestrian crossing to rejoin Camden Valley Way	14.0	77.0
CHECKPOINT: CAMDEN	4.4	81.4
on leaving checkpoint continue on Argyle St		
2nd exit @ roundabout Cawdor Rd	0.3	81.7
1st exit @ roundabout to stay on Cawdor Rd	0.9	82.6
SO Old Razorback Rd	5.7	88.3
L @ Give Way sign Mt Hercules Rd	4.3	92.6
R @ T Remembrance Drwy	1.3	93.9
continue through Picton, Tahmoor and Bargo		
R Remembrance Drwy (dir: Yanderra, Yerrinbool)	26.6	120.5
continue through Yanderra and Yerrinbool		
SO through two roundabouts to cross over Hume Hwy	15.0	135.5
R Wilson Dr (dir: Hill Top)	1.8	137.3
L to cross railway bridge into Hill Top	5.2	142.5
CHECKPOINT: HILL TOP - Bakery/Cafe (on left)	0.3	142.8
on leaving checkpoint continue on West St		
R (dir: Balmoral)	0.2	143.0
L @ T Wilson Dr and continue through Balmoral and Buxton	0.1	143.1
THIRLMERE - 1st exit @ roundabout Oaks Rd	19.1	162.2
R Mowbray Park Rd	4.7	166.9
R @ T Barkers Lodge Rd (dir: The Oaks, Picton)	2.7	169.6
L Montpelier Dr (dir: The Oaks) and continue through The Oaks	0.3	169.9
dogleg R then L Silverdale Rd (dir: Warragamba, Penrith)	9.6	179.5
veer right Silverdale Rd (dir: Wallacia)	21.1	200.6
2nd exit @ roundabout Silverdale Rd (dir: Wallacia, Penrith)	3.9	204.5
WALLACIA - 2nd exit @ roundabout Park Rd (dir: Liverpool, Campelltown)	3.1	207.6
L @ T The Northern Rd (dir: Penrith)	4.8	212.4
SO High St	10.0	222.4
CHECKPOINT: PENRITH	6.9	229.3

on leaving checkpoint continue on Mulgoa Rd		
R Cranebrook Rd (dir: Windsor, Richmond)	7.6	236.9
2nd exit @ roundabout The Northern Rd (dir: Windsor)	3.6	240.5
1st exit @ roundabout Richmond Rd (dir: Windsor, Richmond)	7.6	248.1
2nd exit @ roundabout George St (dir: Windsor)	0.3	248.4
SO George St (dir: South Windsor Shops)	2.2	250.6
SO George St Mall (paved area)	2.9	253.5
3rd exit at roundabout Bridge St (dir: Parramatta, Sydney)	0.4	253.9
L @ lights Pitt Town Rd (dir: Wisemans Ferry)	1.5	255.4
R Wolseley Rd (dir: Oakville)	1.0	256.4
L Old Stock Route Rd	1.5	257.9
veer right Scheyville Rd (dir: Scheyville, Maraylya)	1.9	259.8
L @ T Pitt Town Dural Rd (dir: Pitt Town)	5.4	265.2
SO Pebbly Hill Rd	0.1	265.3
L @ T Mitchell Park Rd	2.8	268.1
R Cattai Rd	0.7	268.8
R Halcrows Rd (power substation on corner)	1.7	270.5
veer left Cattai Ridge Rd	7.0	277.5
R @ T Old Northern Rd (dir: Castle Hill)	8.1	285.6
L Mid Dural Rd (dir: Galston, Hornsby)	3.1	288.7
1st exit @ roundabout Galston Rd (dir: Galston, Hornsby)	2.3	291.0
2nd exit @ roundabout Galston Rd (dir: Hornsby) and follow signs to Hornsby	0.4	291.4
R @ T Peats Ferry Rd (dir: Hornsby, Pennant Hills)	10.3	301.7
FINISH: HORNSBY - Hornsby Police Station, Pacific Hwy	1.2	302.9

Ride Organisers are Howard & Rebecca Dove
Ph: 0425 370089 (Rebecca) -- 0403 215027 (Howard)

The Longest Loop - 400km Audax Ride		
Route instruction	Int km	Tot km
START: HORNSBY - Railway Station	0.0	0.0
L @ lights Pacific Hwy	0.1	0.1
SO Pennant Hills Rd (dir: Parramatta)	2.1	2.2
R Castle Hill Rd (dir: Castle Hill, Windsor)	7.0	9.2
L Old Northern Rd (dir: Castle Hill, Windsor)	3.8	13.0
R @ T Old Northern Rd (dir: Windsor)	1.6	14.6
L Showground Rd (dir: Windsor)	0.1	14.7
L Windsor Rd (dir: Parramatta)	3.2	17.9
R Norwest Bvd (dir: Norwest Business Park)	0.8	18.7
join bike path on LHS immediately after crossing Greenhill Drive	3.1	21.8
R @ T M7 bike path and follow it to its end at Camden Valley Way	0.4	22.2
R at the end of the M7 path and follow bike path along Camden Valley Way	37.3	59.5
cross Cowpasture Rd then L to continue on Camden Valley Way bike path	3.5	63.0
cross at pedestrian crossing to rejoin Camden Valley Way	14.0	77.0
CHECKPOINT: CAMDEN	4.4	81.4
on leaving checkpoint continue on Argyle St		
2nd exit @ roundabout Cawdor Rd	0.3	81.7
1st exit @ roundabout to stay on Cawdor Rd	0.9	82.6
SO Old Razorback Rd	5.6	88.2
L @ Give Way sign Mt Hercules Rd	4.4	92.6
R @ T Remembrance Drwy	1.3	93.9
continue through Picton, Tahmoor and Bargo		
R Remembrance Drwy (dir: Yanderra, Yerrinbool)	26.6	120.5
continue through Yanderra and Yerrinbool		
SO through two roundabouts to cross over Hume Hwy	15.0	135.5
R Wilson Dr (dir: Hill Top)	1.7	137.2
L to cross railway bridge into Hill Top	5.3	142.5
CHECKPOINT: HILL TOP - Bakery/Cafe (on left)	0.3	142.8
on leaving checkpoint continue on West St		
R (dir: Balmoral)	0.2	143.0
L @ T Wilson Dr and continue through Balmoral and Buxton	0.1	143.1
THIRLMERE - 1st exit @ roundabout Oaks Rd	19.1	162.2
R Mowbray Park Rd	4.7	166.9
R @ T Barkers Lodge Rd (dir: The Oaks, Picton)	2.7	169.6
L Montpelier Dr (dir: The Oaks) and continue through The Oaks	0.3	169.9
dogleg R then L Silverdale Rd (dir: Warragamba, Penrith)	9.6	179.5
veer right Silverdale Rd (dir: Wallacia)	21.1	200.6
2nd exit @ roundabout Silverdale Rd (dir: Wallacia, Penrith)	3.9	204.5
2nd exit @ roundabout Park Rd (dir: Liverpool, Campbelltown)	3.1	207.6
L @ T The Northern Rd (dir: Penrith)	4.8	212.4
1st exit @ roundabout Glenmore Pkwy and follow detour to Mulgoa Rd	10.0	222.4
CHECKPOINT: PENRITH - any shop	6.9	229.3

on leaving checkpoint continue on Mulgoa Rd		
RICHMOND - L @ T Francis St	24.3	253.6
R Onus Ln	0.2	253.8
L Powells Ln	1.2	255.0
R to stay on Powells Ln	0.5	255.5
R Edwards Rd	1.3	256.8
L Cornwallis Rd	2.7	259.5
R to stay on Cornwallis Rd	4.4	263.9
L @ T Moses St	2.7	266.6
L The Terrace	0.1	266.7
R Baker St	1.0	267.7
1st exit @ roundabout Bridge St	0.2	267.9
R Bull Ridge Rd	14.8	282.7
R @ T West Portland Rd	4.9	287.6
L @ T Sackville Rd (dir: Maroota, Wisemans Ferry)	1.1	288.7
cross river on car ferry	0.5	289.2
L River Rd	4.9	294.1
L @ T Old Northern Rd (dir: Gosford)	30.2	324.3
CHECKPOINT: WISEMANS FERRY - Wisemans Inn (on right)	0.0	324.3
on leaving checkpoint proceed up the hill		
L Singleton Rd	0.1	324.4
R Laughtondale Gully Rd	6.3	330.7
L @ T Old Northern Rd	4.8	335.5
R Wisemans Ferry Rd (dir: Pitt Town, Windsor)	4.0	339.5
L Halcrows Rd	16.7	356.2
SO Cattai Ridge Rd	6.9	363.1
R @ T Old Northern Rd (dir: Castle Hill)	8.2	371.3
L Wylids Rd	0.8	372.1
L @ T Arcadia Rd and follow signs to Berowra Waters	1.6	373.7
cross river on car ferry	10.3	384.0
3rd exit @ roundabout Berowra Waters Rd and follow signs to Hornsby	4.5	388.5
R to stay on Pacific Hwy (dir: Galston)	10.7	399.2
FINISH: HORNSBY - Police Station (on left)	2.0	401.2

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The Twin Loop - 600km Audax Ride		
Route instruction	Int km	Tot km
START: HORNSBY - Railway Station	0.0	0.0
L @ lights Pacific Hwy	0.1	0.1
SO Pennant Hills Rd (dir: Parramatta)	2.1	2.2
R Castle Hill Rd (dir: Castle Hill, Windsor)	7.0	9.2
L Old Northern Rd (dir: Castle Hill, Windsor)	3.8	13.0
R @ T Old Northern Rd (dir: Windsor)	1.6	14.6
L Showground Rd (dir: Windsor)	0.1	14.7
L Windsor Rd (dir: Parramatta)	3.2	17.9
R Norwest Bvd (dir: Norwest Business Park)	0.8	18.7
join bike path on LHS immediately after crossing Greenhill Drive	3.1	21.8
R @ T M7 bike path and follow it to its end at Camden Valley Way	0.4	22.2
R at the end of the M7 path and follow bike path along Camden Valley Way	37.3	59.5
cross Cowpasture Rd then L to continue on Camden Valley Way bike path	3.4	62.9
cross at pedestrian crossing to rejoin Camden Valley Way	14.1	77.0
CHECKPOINT: CAMDEN	4.4	81.4
on leaving checkpoint continue on Argyle St		
2nd exit @ roundabout Cawdor Rd	0.3	81.7
1st exit @ roundabout to stay on Cawdor Rd	0.9	82.6
SO Old Razorback Rd	5.6	88.2
L @ Give Way sign Mt Hercules Rd	4.4	92.6
R @ T Remembrance Drwy	1.3	93.9
continue through Picton, Tahmoor and Bargo		
R Remembrance Drwy (dir: Yanderra, Yerrinbool)	26.6	120.5
continue through Yanderra and Yerrinbool		
L Old South Rd	12.5	133.0
1st exit @ roundabout Range Rd	10.1	143.1
R @ T Tourist Rd (dir: Bowral)	8.1	151.2
L @ T Kangaloon Rd	0.7	151.9
R Illawarra Hwy (dir: Moss Vale)	6.0	157.9
1st exit @ roundabout Argyle St (dir: Moss Vale)	10.0	167.9
CHECKPOINT: MOSS VALE	0.6	168.5

on leaving checkpoint continue on Argyle St		
R Waite St (dir: Berrima)	0.7	169.2
R @ T Old Hume Hwy (dir: Berrima, Mittagong)	8.0	177.2
SO Hume Hwy on ramp	20.6	197.8
take Church Ave exit from Hume Hwy (dir: Colo Vale, Yerrinbool, Hill Top)	1.0	198.8
1st exit @ roundabout Church Ave (dir: Colo Vale, Hill Top)	0.3	199.1
R Wilson Dr (dir: Hill Top)	1.6	200.7
THIRLMERE - 1st exit @ roundabout Oaks Rd	24.9	225.6
R Mowbray Park Rd	4.7	230.3
R @ T Barkers Lodge Rd (dir: The Oaks, Pictou)	2.6	232.9
L Montpelier Dr (dir: The Oaks) and continue through The Oaks	0.3	233.2
dogleg R then L Silverdale Rd (dir: Warragamba, Penrith)	9.6	242.8
veer right Silverdale Rd (dir: Wallacia)	21.2	264.0
2nd exit @ roundabout Silverdale Rd (dir: Wallacia, Penrith)	3.8	267.8
2nd exit @ roundabout Park Rd (dir: Liverpool, Campbelltown)	3.2	271.0
L @ T The Northern Rd (dir: Penrith)	4.8	275.8
1st exit @ roundabout Glenmore Pkwy and follow detour to Mulgoa Rd	10.0	285.8
CHECKPOINT: PENRITH	6.7	292.5
on leaving checkpoint continue on Mulgoa Rd		
SO Castlereagh Rd (dir: Richmond)	2.4	294.9
R Cranebrook Rd (dir: Windsor, Richmond)	5.3	300.2
2nd exit @ roundabout The Northern Rd (dir: Windsor)	3.6	303.8
1st exit @ roundabout Richmond Rd (dir: Richmond)	7.6	311.4
2nd exit @ roundabout George St (dir: Windsor)	0.3	311.7
R @ T Windsor Rd (dir: Parramatta, Sydney)	5.4	317.1
L @ lights Pitt Town Rd (dir: Wisemans Ferry)	1.4	318.5
R Wolseley Rd (dir: Oakville)	1.0	319.5
L Old Stock Route Rd	1.5	321.0
veer right Scheyville Rd (dir: Scheyville, Maraylya)	1.9	322.9
R @ T Pitt Town Dural Rd (dir: Glenorie)	5.4	328.3
R @ T Old Northern Rd (dir: Castle Hill)	13.7	342.0
L Wylds Rd (dir: Hornsby)	0.9	342.9
R @ T Arcadia Rd (dir: Hornsby)	1.6	344.5
1st exit @ roundabout Galston Rd (dir: Hornsby) and follow signs to Hornsby	3.2	347.7
R @ T Peats Ferry Rd (dir: Hornsby, Pennant Hills)	10.4	358.1
CHECKPOINT: HORNSBY - Police Station (on left)	1.2	359.3

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CHECKPOINT: HORNSBY - Police Station (on left)	1.2	359.3
on leaving checkpoint return the way you came along Peats Ferry Rd		
SO Peats Ferry Rd	1.1	360.4
L @ lights Berowra Waters Rd (dir: Berowra Waters Ferry) and follow signs to the ferry	9.8	370.2
cross river on car ferry	6.0	376.2
R Arcadia Rd (dir: Galston, Dural)	8.6	384.8
R Wylds Rd (dir: Wisemans Ferry, Glenorie)	1.9	386.7
R @ T Old Northern Rd (dir: Wisemans Ferry)	1.6	388.3
L Cattai Ridge Rd (dir: Maraylya)	0.9	389.2
R Halcrows Rd	8.1	397.3
R @ T Wisemans Ferry Rd	7.0	404.3
L Cliftonville Rd	11.7	416.0
CAUTION: steep descent ending in T intersection	5.8	421.8
L @ T Old Northern Rd (dir: Gosford)	16.4	438.2
CHECKPOINT: WISEMANS FERRY - Greengrocer IGA (on right)	0.2	438.4
on leaving checkpoint continue down the hill		
cross river on car ferry then R Wisemans Ferry Rd (dir: Gosford)	0.6	439.0
L Bloodtree Rd (dir: Kulnura, Yarramalong)	49.9	488.9
L @ T George Downes Dr (dir: Kulnura, Yarramalong)	3.6	492.5
R Springs Rd	3.4	495.9
CAUTION: steep descent down Bumble Hill	4.5	500.4
R @ T Yarramalong Rd	3.2	503.6
2nd exit @ roundabout Anzac Ave	17.8	521.4
3rd exit @ roundabout Hely St	0.5	521.9
R @ T Alison Rd	0.2	522.1
CHECKPOINT: WYONG - Wyong Shopping Plaza (on right)	0.0	522.1
on leaving checkpoint continue on Alison Rd		
L Margaret St	0.2	522.4
R @ lights Pacific Hwy	0.4	522.8
2nd exit @ multi-lane roundabout (dir: Kangy Angy)	2.6	525.4
1st exit @ roundabout Pacific Hwy (dir: Ourimbah, Gosford)	6.6	532.0
R @ lights Dog Trap Rd	1.0	533.0
L @ T Wisemans Ferry Rd	9.9	542.9
2nd exit @ roundabout Old Pacific Hwy (dir: Calga)	8.5	551.4
L Old Pacific Hwy (dir: Sydney, Brooklyn)	10.5	561.9
L Pacific Hwy (dir: Brooklyn)	0.2	562.1
R Peats Ferry Rd (dir: Galston)	39.1	601.2
FINISH: HORNSBY - Police Station (on left)	2.0	603.2

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The Two Day Loop - 600km Audax Ride		
Route instruction	Int km	Tot km
START: HORNSBY - Railway Station	0.0	0.0
L @ lights Pacific Hwy	0.1	0.1
SO Pennant Hills Rd (dir: Parramatta)	2.1	2.2
R Castle Hill Rd (dir: Castle Hill, Windsor)	7.0	9.2
L Old Northern Rd (dir: Castle Hill, Windsor)	3.8	13.0
R @ T Old Northern Rd (dir: Windsor)	1.6	14.6
L Showground Rd (dir: Windsor)	0.1	14.7
L Windsor Rd (dir: Parramatta)	3.2	17.9
R Norwest Bvd (dir: Norwest Business Park)	0.8	18.7
join bike path on LHS immediately after crossing Greenhill Drive	3.1	21.8
R @ T M7 bike path and follow it to its end at Camden Valley Way	0.4	22.2
R at the end of the M7 path and follow bike path along Camden Valley Way	37.3	59.5
cross Cowpasture Rd then L to continue on Camden Valley Way bike path	3.4	62.9
cross at pedestrian crossing to rejoin Camden Valley Way	14.1	77.0
CHECKPOINT: CAMDEN	4.4	81.4
on leaving checkpoint continue on Argyle St		
2nd exit @ roundabout Cawdor Rd	0.3	81.7
1st exit @ roundabout to stay on Cawdor Rd	0.9	82.6
SO Old Razorback Rd	5.6	88.2
L @ Give Way sign Mt Hercules Rd	4.4	92.6
R @ T Remembrance Drwy	1.3	93.9
continue through Picton, Tahmoor and Bargo		
R Remembrance Drwy (dir: Yanderra, Yerrinbool)	26.6	120.5
continue through Yanderra and Yerrinbool		
L Old South Rd	12.5	133.0
1st exit @ roundabout Range Rd	10.1	143.1
R @ T Tourist Rd (dir: Bowral)	8.1	151.2
L @ T Kangaloon Rd	17.3	168.5
CHECKPOINT: ROBERTSON - Famous Pie Shop (on right)	3.1	171.6
on leaving checkpoint continue on Illawarra Hwy and through Robertson		
L Pearsons Ln	5.5	177.1
R Myra Vale Rd (dir: Fitzroy Falls)	4.9	182.0
R @ T Nowra Rd (dir: Moss Vale, Mittagong, Fitzroy Falls)	7.7	189.7
R @ T Yarrawa Rd	16.9	206.6
L @ T Argyle St	2.7	209.3
R Waite St (dir: Berrima)	0.2	209.5
R @ T Old Hume Hwy (dir: Berrima, Mittagong)	8.0	217.5
CHECKPOINT: MITTAGONG	14.2	231.7

on leaving checkpoint continue on Old Hume Hwy		
SO Hume Hwy on ramp	6.4	238.1
take Church Ave exit from Hume Hwy (dir: Colo Vale, Yerrinbool, Hill Top)	1.0	239.1
1st exit @ roundabout Church Ave (dir: Colo Vale, Hill Top)	0.4	239.5
R Wilson Dr (dir: Hill Top)	1.6	241.1
THIRLMERE - 1st exit @ roundabout Oaks Rd	24.8	265.9
R Mowbray Park Rd	4.7	270.6
R @ T Barkers Lodge Rd (dir: The Oaks, Picton)	2.7	273.3
L Montpelier Dr (dir: The Oaks) and continue through The Oaks	0.3	273.6
dogleg R then L Silverdale Rd (dir: Warragamba, Penrith)	9.6	283.2
veer right Silverdale Rd (dir: Wallacia)	21.2	304.4
2nd exit @ roundabout Silverdale Rd (dir: Wallacia, Penrith)	3.8	308.2
2nd exit @ roundabout Park Rd (dir: Liverpool, Campbelltown)	3.2	311.4
L @ T The Northern Rd (dir: Penrith)	4.8	316.2
1st exit @ roundabout Glenmore Pkwy and follow detour to Mulgoa Rd	9.9	326.1
SO Castlereagh Rd (dir: Richmond)	9.2	335.3
R Cranebrook Rd (dir: Windsor, Richmond)	5.2	340.5
1st exit @ roundabout Londonderry Rd (dir: Richmond)	3.6	344.1
L March St	10.6	354.7
CHECKPOINT: RICHMOND - 24hr McDonalds, March St	0.1	354.8

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CHECKPOINT: RICHMOND - 24hr McDonalds, March St	0.1	354.8
on leaving checkpoint L March St		
L @ T Bourke St	0.6	355.4
R @ lights Windsor St (after crossing railway line)	0.8	356.2
L Macquarie St (dir: Singleton)	5.3	361.5
R @ T Windsor Rd (dir: Parramatta, Sydney)	1.2	362.7
L @ lights Pitt Town Rd (dir: Wisemans Ferry)	1.4	364.1
PITT TOWN - follow signs to Wisemans Ferry	4.8	368.9
L Sackville Ferry Rd (dir: Sackville, Lower Portland)	18.2	387.1
cross river on car ferry	10.1	397.2
R West Portland Rd (dir: Lower Portland, Kurrajong)	0.6	397.8
R towards Lower Portland Ferry	12.9	410.7
cross river on car ferry	0.2	410.9
L River Rd	0.3	411.2
L @ T Old Northern Rd (dir: Gosford)	22.7	433.9
CHECKPOINT: WISEMANS FERRY - Greengrocer IGA (on right)	0.1	434.0
on leaving checkpoint continue down the hill		
cross river on car ferry then R Wisemans Ferry Rd (dir: Gosford)	0.7	434.7
L Bloodtree Rd (dir: Kulnura, Yarramalong)	49.9	484.6
L @ T George Downes Dr (dir: Kulnura, Yarramalong)	3.6	488.2
KULNURA - R Greta Rd	5.8	494.0
L @ T Greta Rd (dir: Wyong)	2.2	496.2
CAUTION: steep descent down Bumble Hill	2.0	498.2
R @ T Yarramalong Rd	3.1	501.3
2nd exit @ roundabout Anzac Ave	17.8	519.1
3rd exit @ roundabout Hely St	0.6	519.7
R @ T Alison Rd	0.2	519.9
CHECKPOINT: WYONG - Wyong Shopping Plaza (on right)	0.1	520.0
on leaving checkpoint continue on Alison Rd		
L Margaret St	0.1	520.1
R @ lights Pacific Hwy	0.5	520.6
2nd exit @ multi-lane roundabout (dir: Kangy Angy)	2.6	523.2
1st exit @ roundabout Pacific Hwy (dir: Ourimbah, Gosford)	6.6	529.8
R @ lights Dog Trap Rd	1.0	530.8
R @ T Wisemans Ferry Rd	9.9	540.7
L Peats Ridge Rd (dir: Peats Ridge, Sydney)	5.3	546.0
PEATS RIDGE	2.9	548.9
R Pacific Hwy (dir: Sydney, Brooklyn)	14.1	563.0
L Pacific Hwy (dir: Brooklyn)	0.2	563.2
R Peats Ferry Rd (dir: Galston)	39.1	602.3
FINISH: HORNSBY - Police Station (on left)	2.0	604.3

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