

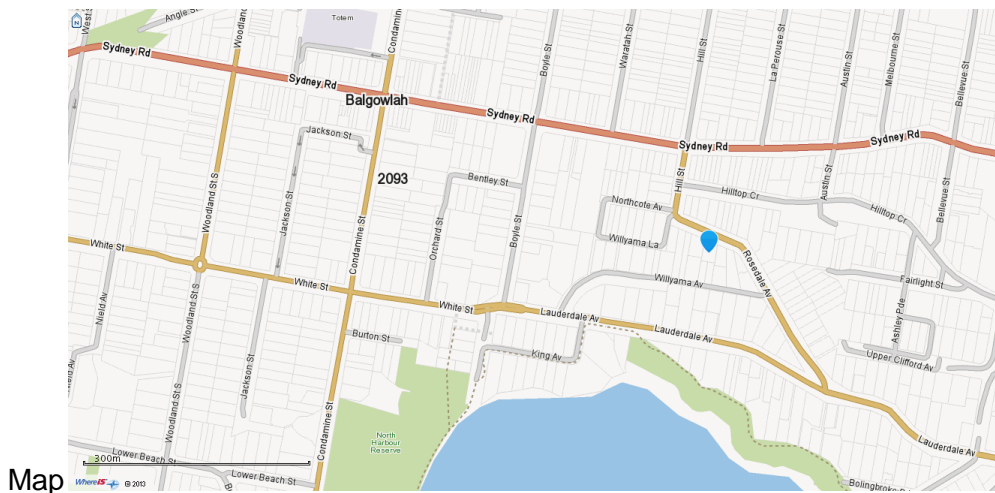
Parramatta Park 100km – Sunday 2nd February 2019

Organiser: Dave Hart, 9 Rosedale Ave, Fairlight, 2094
Mob: 0401 610 944 email: daveandmaureen@optushome.com.au

Start Time: 6:30am. Please **arrive by 6:15am for the 6:30am start** to allow time for admin.

Start Location: 9 Rosedale Ave, Fairlight. There is usually car parking nearby in Rosedale Ave or Hilltop Ave

Finish Location: Fairlight, 9 Rosedale Ave or corner shop Sydney Rd & Hill St



Lighting: Please remember that Australian road rules require that in hazardous weather conditions causing reduced visibility, you must display:

- (a) a flashing or steady white light that is clearly visible for at least 200 metres from the front of the bicycle; and
- (b) a flashing or steady red light that is clearly visible for at least 200 metres from the rear of the bicycle; and
- (c) a red reflector that is clearly visible for at least 50 metres from the rear of the bicycle when light is projected onto it by a vehicle's headlight on low-beam.

https://www.audax.org.au/public/images/stories/Documents/National_Docs/Audax_Australia_Safety_Recommendations.pdf

Entry Fees: Audax or Cycling Australia members \$6 (CA members please bring your membership card). Non-members \$16 (includes a temporary membership surcharge which is required for insurance purposes).

Cancellation: If you cannot make the ride after entering, please contact me before the ride date and a credit note will be issued for a future ride. No credit note will be issued if I am not contacted beforehand.

Post Ride: Your brevet card will be processed after the ride and then sent back to you. Either give it to me or drop it in our letterbox (no 9).

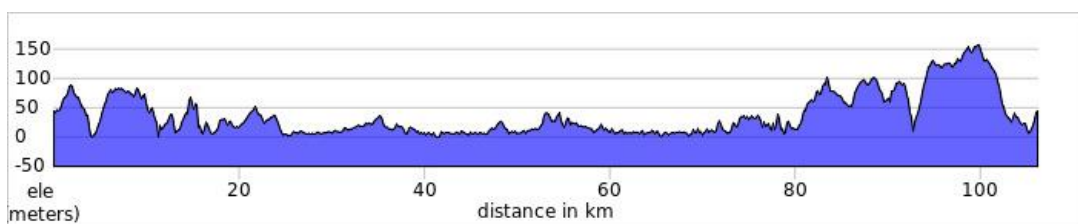
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Control Locations: Parramatta – 59km
Fairlight – 106km

Route Map: The route is mapped on Ride with GPS:
<https://ridewithgps.com/routes/20782930>

Food/water: This ride is unsupported, but food and water are readily available along the route and at the control locations.

Parramatta Park 100km



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Leg	Total	Notes
	0.1	R Hill St
0.1	0.2	L Sydney Rd
0.9	1.1	L Seaview St
0.5	1.5	R Upper Beach St
0.3	1.9	L Maretimo St
0.0	1.9	RB2 Ethel St
0.5	2.4	RB1 Ponsonby Pde
0.4	2.7	L Panorama Pde
0.1	2.8	CO Edgecliffe Esp
0.4	3.2	L Battle Blvd
0.1	3.3	L stay on Battle Blvd
0.4	3.7	R Battle Blvd
0.1	3.8	CO bridge shared path
0.3	4.1	Sharp R follow path under bridge
0.4	4.6	L Parriwi Rd
1.3	5.9	L Spit Rd footpath
0.2	6.1	L Stanton Rd
0.2	6.3	R Moruben Rd
0.7	6.9	R Mandolong Rd
0.1	7.0	L Melaleuca Ln
0.1	7.1	CO Ritchie Ln
0.1	7.2	R Almora St
0.1	7.3	L Military Rd
0.2	7.5	R Belmont Rd
0.9	8.4	RB1 Bardwell Rd
0.2	8.6	RB3 Cabramatta Rd
0.4	9.0	L Spofforth St
0.5	9.5	R Rangers Rd
0.3	9.7	L Murdoch St
0.3	10.1	RB2 Bannerman St
0.3	10.4	L Shellcove Rd
0.0	10.5	CO Harriette St
0.2	10.6	L Wycombe Rd
0.2	10.8	R Kurraba Rd
0.8	11.6	L Clark Rd
0.9	12.6	R Burton St
0.1	12.7	L Bridge Stairs
1.6	14.3	L Upper Fort St
0.2	14.4	L
0.3	14.7	L Kent Street Cycleway
0.0	14.7	L Kent St
0.4	15.2	CO Kent St Cycleway
0.2	15.4	R King St Cycleway

0.1	15.5	CO shared path
0.7	16.3	L Murray St
0.0	16.3	R Pyrmont Bridge Rd
3.2	19.4	R Parramatta Rd
0.2	19.6	L Bridge Rd
0.4	20.0	RB2 Salisbury Rd
0.7	20.8	R Douglas St
0.1	20.8	L Gordon Cres
0.4	21.2	L cycle path
0.2	21.4	L Crystal St
0.3	21.7	R New Canterbury Rd
0.7	22.4	L Wardell Rd
2.6	25.0	R Lang Rd
0.1	25.1	CO bridge
0.1	25.2	L
2.1	27.3	L Charles St
0.0	27.3	L Cycleway
2.4	29.7	X Burwood Rd to Cycleway
0.6	30.3	R Lees Ave
0.0	30.4	L Cycleway
0.2	30.6	L Walsh Ave
0.2	30.8	L Cycleway
3.6	34.4	R Melville Rd
0.3	34.7	L Newton Rd
0.3	35.0	L Barker Rd
0.0	35.1	L around wall
0.2	35.2	L Mitchell Rd
0.5	35.8	R Arthur St
0.1	35.9	L Hampstead Rd
0.1	36.0	R cycle path
0.6	36.6	L Bates St
0.1	36.7	R The Crescent
0.3	37.0	RB1 Bridge Road
0.3	37.3	X Parramatta Rd
0.0	37.3	CO Hillcrest St
0.1	37.4	L Park Rd
0.1	37.5	R bridge
0.1	37.6	R Pomeroy St
0.4	38.0	L Powells Ck cycle path
0.7	38.7	R bridge then L
0.6	39.3	L Victoria Ave
0.1	39.4	R
0.0	39.4	R
1.3	40.7	L
0.2	40.9	L

0.8	41.7	R path just beyond bridge
0.1	41.8	R Bennelong Bridge
0.7	42.5	CO Footbridge Blvd
0.1	42.6	X Hill Rd to cycle path
0.0	42.7	L
1.0	43.7	CO Louise Sauvage Pathway
1.9	45.6	(L then) R Louise Sauvage Pathway
0.2	45.7	R Louise Sauvage Pathway
1.1	46.8	CO Adderley St E
0.4	47.2	X Silverwater Rd at lights
0.1	47.3	CO Adderley St W
1.4	48.7	CO Duck R cycleway
0.7	49.4	L Martha St
0.4	49.8	R Cycleway
3.2	53.0	L
0.0	53.0	L
0.0	53.0	L bridge
0.1	53.1	R Auburn St
0.0	53.2	L Franklin St
0.3	53.5	X Lansdowne St to path
0.1	53.6	R Banks St
0.2	53.8	L Steele St
0.2	54.0	R O'Reilly St
0.2	54.2	L Pitt St
0.6	54.9	L park entry
2.8	57.6	L bridge
0.1	57.7	R
0.6	58.3	L
0.0	58.3	R Marsden St
0.2	58.5	L Phillip St
0.1	58.7	R
0.0	58.7	CPOINT: Coco Cubana Cafe
0.0	58.7	R Phillip St
0.1	58.8	L Dirrabarri Ln
0.1	59.0	R path
0.5	59.5	R
0.2	59.7	R
0.2	59.9	X MacArthur St to Parramatta Valley Cycleway
0.4	60.3	CO Cycleway
0.9	61.1	CO Cycleway
0.9	62.0	R Parramatta Valley Cycleway
0.9	62.9	CO Cycleway
3.5	66.4	R Cycleway
0.7	67.1	R Cycleway
0.2	67.4	R Wharf Rd

0.1	67.4	L Cycleway
0.2	67.6	R Lancaster Ave
0.4	68.0	R Cycleway
0.1	68.1	R Cycleway
1.0	69.1	CO Bowden St
0.2	69.3	R Cycleway
0.8	70.1	R Waterview St
1.1	71.2	CO Delange Rd
0.3	71.5	R Pellisier Rd
0.5	72.0	L Jetty Rd
0.1	72.2	R shared path
0.7	72.9	R Morrison Rd
1.4	74.3	RB2 Meriton St
0.3	74.6	RB1 Ashburn Place
0.5	75.1	R Punt Rd
0.1	75.1	L Plunkett St (hospital entry)
0.2	75.3	R
0.2	75.6	L Norton Manning Drive
0.2	75.8	L then R
0.3	76.1	R Crown St
0.0	76.1	L cycle path
0.4	76.5	R Huntleys Point Rd
0.2	76.7	RB1 Huntleys Point Rd
0.7	77.4	L path
0.5	77.8	CO path
0.1	77.9	L Durham St
0.1	78.1	CO Reiby Rd CARE!
0.4	78.5	L path
0.4	78.8	X road to shared footpath
0.0	78.9	CO footpath 700m
0.7	79.5	R
0.1	79.6	L path
0.4	80.0	L Kooyong Rd
0.1	80.2	R Kooyong Rd
0.0	80.2	L Riverview St
0.6	80.8	L College Rd S
0.1	81.0	CO Sofala Ave
0.5	81.5	L Tambourine Bay Rd
0.7	82.2	RB2 Sutherland St
0.1	82.3	R Coxs Ln
0.3	82.6	R cycleway
2.4	85.0	CO Chelmsford Ave
0.6	85.7	L path through arch
0.2	85.9	L
0.2	86.1	L Small St

0.0	86.2	R Marlborough Rd
0.8	86.9	R Mowbray Rd CARE!
0.1	87.0	L High St
2.0	89.0	R Smith St
0.4	89.5	L Eastern Valley Way, R turning lane
0.1	89.6	R Castle Cove Dr
0.6	90.2	RB1 Deepwater Rd
0.8	90.9	R Rosebridge Ave
0.2	91.1	RB1 Kendall Rd
0.1	91.2	L Boundary St
0.0	91.3	R Griffith Ave
0.1	91.3	L Malga Ave
0.6	91.9	R Babbage Rd
0.3	92.2	L Roseville Bridge Walkway EASILY MISSED
0.2	92.4	L
1.9	94.3	L onto overpass
0.1	94.4	R Forestville Ave
0.1	94.5	L Riverhill Ave
0.2	94.7	R Melwood Ave
0.3	95.0	RB1 Cannons Parade
0.7	95.7	RB1 Cook St
0.6	96.3	R footpath for 30m
0.1	96.4	R Currie Rd
0.3	96.6	L Maxwell Pde
0.5	97.2	R Parni Pl
0.7	97.8	CO Kanya St
0.1	98.0	L Rangers Retreat Rd
0.2	98.1	R Garner Ave
0.2	98.4	L Bantry Bay Rd
0.1	98.5	R cycle path
0.4	98.8	L Aquatic Drive
0.1	99.0	R Aquatic Drive
0.6	99.6	RB2 Allambie Rd
2.1	101.7	RB2 Monserra Rd SHARP R then L
0.0	101.7	L Maneroo Rd
0.1	101.8	R Jennifer Ave
0.1	101.9	L Binalong Ave
0.5	102.4	L Kentwell Rd
0.3	102.7	CO Wandella Rd
0.4	103.1	CO path
0.2	103.3	L King St
0.9	104.2	R Condamine St
0.1	104.2	L Innes Rd
0.3	104.5	RB3 Quirk Rd
0.5	105.0	CO path through park

0.3	105.3	L Balgowlah Rd
0.1	105.4	R Hill St
0.6	106.0	L Rosedale Ave

Please note: If the 6 page cue sheet seems daunting, remember that for most of the course you are on designated cycle routes and cycleways that are marked, often with cycle signs – these include:

- Cycle route from Seaforth to the city
- Cook's River cycleway to Homebush
- Duck River and Parramatta cycleway to Parramatta Park
- Parramatta Valley cycleway down the river back to Gladesville
- Gore Hill freeway cycleway to Cammeray
- Cycle route from Cammeray to Roseville

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