

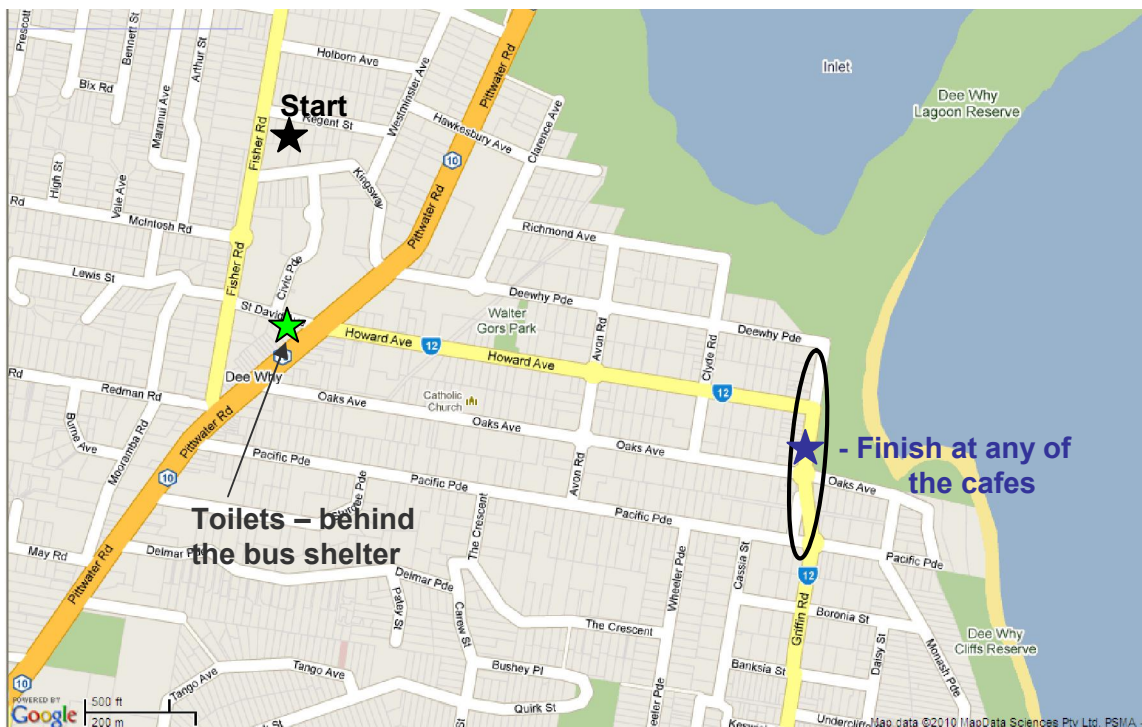
Wisemans Folly 200/300 - 30th June 2018

Organisers: Katherine Bryant and Ian Garrity
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Start Time: 6:00am. Please arrive by 5:40am for the 6:00am start. This will allow time for admin and light check.

Start Location: Dee Why, 7/16 Regent St. Please assemble near the school fence. If driving to the start, you can park at the beach on the street (not in the surf club car park as it's paid parking) or else find some on street parking near the start..

Finish Location: – Dee Why Beach, The Strand.



Lighting: **Audax lighting rules apply** for both the 200 and 300km ride – Lighting rules can be viewed on the Audax website (follow the links below).
There will be an inspection prior to commencement of the rides.

Lighting - <http://www.audax.org.au/public/images/stories/Documents/lightingrequirements.pdf>

Reflective Vest - <http://www.audax.org.au/public/images/stories/Documents/reflectivegarments.pdf>

200km Wisemans Folly

Important Info: This ride route has been slightly altered – Galston Gorge is now done earlier in ride on the way out to Wisemans Ferry and the Morgan Road at Belrose section has been reinstated. At Narrabeen Lake, the ride now returns on the bike path to Dee Why Beach. Note that this involves a dangerous crossing of the Wakehurst Parkway to access the car park – caution needs to be used!!

Control Locations: Wisemans Ferry – 78.0km
Hornsby – 169.3km
Dee Why – 201.8km

Route Map: The route is also mapped on:
Ridewithgps: <https://ridewithgps.com/routes/20929226>

Food/water: This ride is unsupported however food and water is available along the route and at the control locations.

At Wisemans Ferry, there is a café near the pub, general store and service station and a kiosk down near the ferry. Glenorie is the next food stop after Wisemans Ferry.

For food at Dee Why Beach, we recommend either Chill Bar (20 The Strand) or Bacino Bar (corner of The Strand and Howard Avenue) for coffee, ice cream and small eats or, alternatively, Sea Change Cafe (Shop 3, 20 The Strand).

Entry Fees: Audax or Cycling Australia members \$6 (please bring your membership card). Non-members \$16 (includes a \$10 temporary membership surcharge which is required for insurance purposes). Enter online at the address below.

<https://www.audax.org.au/portal/rides/register-calendar/909-wisemans-folly-2018>

Cancellation: If you cannot make the ride after entering, please contact us before the ride date and a refund will be issued. No refund will be issued if we are not contacted beforehand.

Registration: **All entries close at noon on Friday 29th June 2018**

Post Ride: Your brevet cards will be processed after the ride and then sent back to you. Therefore, when you have finished, you can either drop it in our letterbox (Unit 7) or mail it to us at Ian Garrity, 7/16 Regent St, Dee Why NSW 2099

300km Wisemans Folly

Important Info: This ride route has been slightly altered the Morgan Road at Belrose section has been reinstated. At Narrabeen Lake, the ride now returns on the bike path to Dee Why Beach. Note that this involves a dangerous crossing of the Wakehurst Parkway to access the car park – caution needs to be used!!

Control Locations: Kulnura – 97.9km
Wisemans Ferry – 157.9km
Windsor – 207.9km
Dee Why – 300.8km

Route Map: The route is also mapped on:
Ridewithgps: <https://ridewithgps.com/routes/20929247>

Food/water: This ride is unsupported however food and water is available along the route and at the control locations.

At Wisemans Ferry, there is a café near the pub, general store and service station and a kiosk down near the ferry. Note there are no food stops between Wisemans Ferry and Ebenezer.

For food at Dee Why Beach, we recommend either Chill Bar (20 The Strand) for coffee, ice cream and small eats or, alternatively, Sea Change Cafe (Shop 3, 20 The Strand).

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